

Proning v.3

Checklist:

- Hold tube feeds 2 hours before
- 1 liter LR ready to bolus
- Levofed infusion ready
- Propofol ready for agitation or alternate sedative if blood pressure prohibits propofol use
- EKG leads
- 6 pillows, 2 pillows per pillowcase to make them more dense
- 3 flat sheets, fully unfurled
- Pillow for face
- 6 people + 1 RT (Attending or team leader is at head of bed)

Team Leader Talks through entire procedure inside room when "*proners*" in position. It's helpful to have this checklist taped on the wall where everyone can see it.

Before starting, RT suctions the pharynx and ETT. Turns FiO2 to 100% temporarily

1. Get 1 flat sheet under the patient
2. Disconnect all IVs and remove EKG electrodes (+/- drains and foley)
3. Cover patient with a different flat sheet, no wrinkles
4. Place 2 pillows across chest, hips and shins
5. Cover the patient and pillows with 3rd draw sheet
6. 3 people each side (paired) + RT at head
7. The sheets on the vent side get rolled together posteriorly (creating a handle bar by rolling the sheets) and tucked under the patient
8. The non-vent side the sheet are rolled together anteriorly (creating a handler bar with the sheet in the same fashion but over the patient)
9. On Team Leader's (person at head of bed) count the patient is moved away from vent
10. On Team Leader's (person at head of bed) count roll patient onto side.
11. The team on the side of the vent will grab the anterior "handle bars" (on top) created with the sheet rolls, while the team on the non-vent side will grab the posterior "handle bars" under the patient.
12. On Team Leader's (person at head of bed) count fully prone patient
13. Adjust head and reattach electrodes
14. Unroll the sheets and adjust the pillows
15. Move arms into neutral position
16. Reverse Trendelenburg
17. Check and recheck all pressure points and the ET tube