I ain't got time! Innovative steps in advocacy for the busy physician

Bryan A Cotton, MD, MPH
Associate Professor of Surgery
University of Texas Health Science Center
Houston, TX

Why not?

- I don't have time
- I can't get away
- I won't make a difference/impact
- I hate politicians and the government

Legislative Truths

- "When legislatures are making policy decisions, if you aren't at the table, then you are probably on the menu."
 - -Nate Garvis, VP, Target Corporation
- "You must be present to win."
 -Lama Surya Das, Awakening the Buddha Within
- "If you don't ask, the answer is always no. -Nora Roberts

Beginnings of advocacy

- Elected to the EAST Advocacy and Outreach Committee
- Attended ACS-PAC meeting in D.C. and met my legislators
- Went back home frustrated

But then...

- Texas Trauma Fund 2004
- Distributed funds to trauma centers around the state to subsidize uncompensated care



■ \$400 million "stash."

Trauma Training Funds

- Need more fellowship-trained physicians and surgeons in Texas
- No current ACGME approved fellowships and therefore no \$\$\$\$
- Went to Austin and educated them





Texas Trauma Fellows and Nurse Education

In 2011, Dr. John Zerwas, passed SB 7 that included language for the Texas Emergency and Trauma Care Education Partnership Program.



State Representative John Zerwas, MD speaks at the Press Conference on SB 7 with Governor Rick Perry & Senator Jane Nelson

Texas Trauma Fellows and Nurse Education

- Over \$4 million dollars a year directed to education of trauma physicians, surgeons and nurses in the state
- Created trauma-specific fellowship for us, adding three fellows per year
- Increased funding for the nursing school and added 20 advanced NP training spots at UTH

What can surgeons do?

- Determine what is important to you, then look for opportunities.
- Work with Governmental Relations Staff.
- Educate them on your issues (tours, shadowing, overnighters, capitol visits).



Rep. Lois Kolkhorst & Dr. Bryan Cotton

What can surgeons do?

- Establish relationships, build credibility, give access to you and other doctors.
- Never give up. Even if you lose this year, set yourself up for success next year. Take a long term strategy.
- This takes staying power and many victories are incremental.



Rep. Lois Kolkhorst & Dr. Bryan Cotton

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The Changing Landscape of Healthcare: The Role of Trauma Centers in Healthcare Preparedness

Eastern Association for the Surgery of Trauma 26th Annual Scientific Assembly January 16, 2013

Richard C. Hunt, MD, FACEP
Senior Medical Advisor, National Healthcare Preparedness Programs
Office of Preparedness and Emergency Operations
Office of the Assistant Secretary for Preparedness and Response



Our Current Situation



- The United States healthcare delivery system is focused on cost reduction which includes service retraction resulting in "just-in-time" (JIT) operating principles and staffing.
- While United States health system emergency preparedness and response mechanisms are established and operational, they can be fragmented and are restrained by a JIT approach.
- The United States continues to experience overcrowding in emergency departments with limited mechanisms to reallocate patients throughout the hospital or the community.
- Our day to day system does not serve us well; therefore, it is not likely to serve us well on "game day."

terling, M, Wrise, S. Not Your Fether's Supply Chain, MATERIALS MANAGEMENT IN HEALTH CARE, APR 2010 he Future of Emergency Care in the United States (2009) <u>www.iom.edu/Activities/Qualifysinergency-care</u> story.



Healthcare & Preparedness Financials



- National Health Expenditures grew 4.0% to \$2.5 trillion in 2009, or \$8,086 per person, and accounted for 17.6% of Gross Domestic Product (GDP).
- 2010, hospital expenditures were \$814 Billion (CMS)
 According to the American Hospital Association, there are 5,754 hospitals
- -Average Hospital Expenditures = approx \$141 million
- The Hospital Preparedness Program 2012 budget is \$347 million (0.0001% of overall National Health Expenditures)



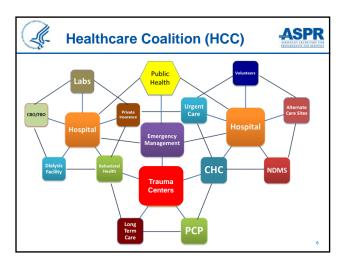
Our Current Need



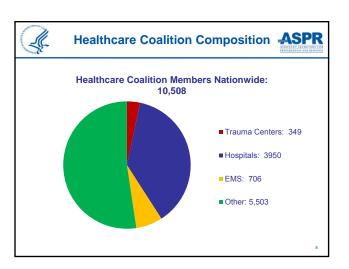
- A comprehensive national preparedness and response health care system that is scalable and coordinated to meet local, state and national needs
- A dual use application to preparedness, integrating with and improving the efficiencies of daily health delivery
- A financially sustainable approach to preparedness
- A population based health delivery model for disaster response
- Defined Healthcare Preparedness Capabilities and Performance Measures

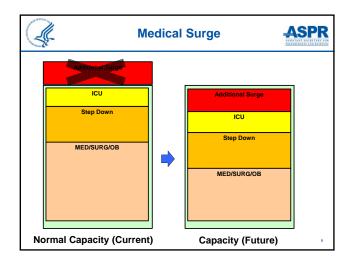
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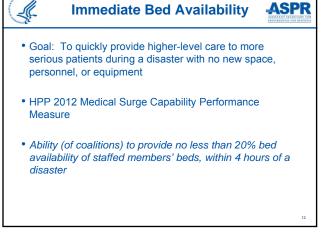




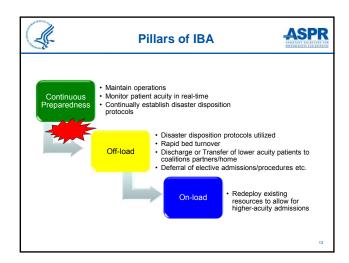


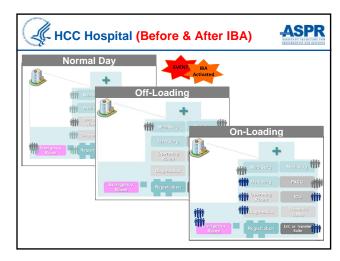


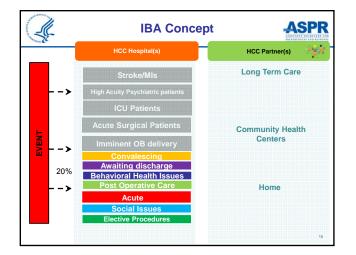




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Considerations: Legal/Regulatory



- · Poorly defined triggers
- Regulatory barriers
- Liability concerns

Opportunities

- Describe Triggers
- Pre-planned Waivers
- Improve awareness of IBA with providers and counsel



Considerations: Financial & Fiduciary



- · Healthcare Coalition partner financial relationships vary
- · Health delivery payment models inconsistent with HCCs

- Healthcare Coalition development must include financial considerations
- Consider aligning HCCs with Accountable Care Organizations
- Engage insurers/payers on IBA



Hurricane Sandy and HCCs and IBA



- "Where possible, investments should be coordinated across multiple institutions, using healthcare coalitions to ensure resiliency." (JAMA. 2012;308(24):2569-2570)
- Improved Situational awareness
- Drilled evacuation (IBA off-load) - "Measured success" in Sandy with transport (JAMA. 2012;308(24):2569-2570)
- Improved clarity of criteria and triggers for evacuation

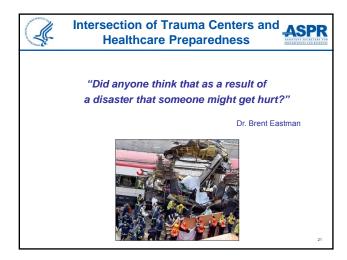


Intersection of Trauma Centers and ASPR **Healthcare Preparedness**



- Trauma Centers and the health system
- Health care coalitions serve as foundation for healthcare system preparedness
- Trauma Centers critical to coalitions
- · Trauma Centers and Immediate Bed Availability
- Trauma Centers and Healthcare System Recovery









Trauma Center Association of America

- 501(c)(6) trade association that represents the nation's trauma centers and systems
 - Organizational, financial, and operations focus
 - Public policy and legislative advocacy
- Retains the services of a lobbying firm, Holland & Knight, to conduct advocacy efforts in Washington, DC
- TCAA conducts advocacy on behalf of our members, as well as EAST, AAST, and STN – provides voice on the Hill without jeopardizing their 501(c)(3) status

Policy & Advocacy Agenda

- Stabilize reimbursement for trauma care
- Prevent trauma center closures
- Promote regionalization and system development
- Facilitate coordination of emergency care across settings and providers
- Alliance for Trauma Care: TCAA, ACSCOT, ACEP, AANS, AAOS, ACCT, NHRA, Advocates for EMS



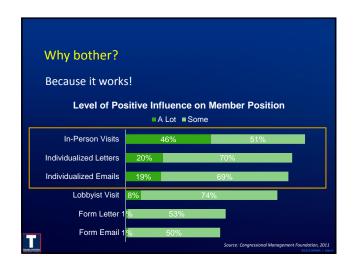
Legislative Agenda

- Patient Protection and Accountable Care Act authorized \$224 million in federal funding for trauma care
- National Trauma Center Stabilization Act (NTCSA)
 - Trauma Center Care Grants
 - Trauma Service Availability Grants
- Trauma Systems Planning Act (TSPA)
 - Trauma Care Systems Planning Grants
 - Regionalization of Emergency Care Systems



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Advocacy 101: The Role of the Trauma Center • Grassroots advocacy is often the most effective • Your job is to make sure your legislators know that trauma is important to their constituents • How? • Build relationships – legislators AND their staff • Provide examples of local impact – patient stories • Educate – Trauma Centers are not just ERs!



Building Relationships • Priority #1: Don't Freelance • Your hospital(s) government relations officer must know what you're doing • Use your GR staff to your advantage – make sure they know what you're concerned about • Priority #2: Don't Jeopardize your Organization • Corporate status carries specific rules about what can and cannot be done by an organization • It's best to be a private citizen who just happens to be a trauma surgeon, trauma nurse, etc...

Building Relationships Most of the work is done by staffers – take them seriously! (even if they are barely out of college...) Each office will have at least one with responsibility for health care issues Your GR office will know who the contacts are Don't be offended if you don't speak with or physically meet the Member It always helps to have an angle that will interest the Member, then expand the conversation Rep. Walz – Field EMS, Air Medical Rep. McCollum – EMS reimbursement

Building Relationships

- Nothing grabs a legislator's attention like the view from the helipad...
 - Offer a tour of the trauma center
 - Make sure you spend most of your time OUTSIDE the ER – most folks think that's all trauma is
 - Show off! Technology and facilities are sexy
 - Engage your pre-hospital partners this helps to reinforce that trauma care is a system
- Work with your GR and Public Affairs team to provide some visibility for the Member

Visiting the Hill

- If you're in DC, don't pass up the opportunity
- Participate in "Lobby Days" or "fly-ins"
 - ACS Advocacy Summit April 15
 - TCAA Lobby Day April 16
- Have a specific issue to discuss you'll get maybe 15-20 minutes
- If going on your own, make sure to pre-arrange meetings, and hit both the House and the Senate side

T

Visiting the Hill

- Be prompt, and be patient while you wait the Hill is an insanely busy place
- Be prepared to meet in the open most Members don't have conference rooms, so most meetings are right in the middle of the office
- Have some supporting materials fact sheets, articles, issue summaries for the staffer and the Member to refer to later
- Be ready to address the "con" there is always an opposing side

TRAJNA CENTER

Visiting the Hill

- During your meeting, you need to convey
 - the salient points of the issue
 - your desired solution or outcome
 - why that outcome is in the best interest of the constituency (and therefore of the Member)
- Always end on a positive, even if they don't bite on the issue right away
 - Make yourself available as a resource
 - Always send a follow-up letter, and be sure to address any questions that you couldn't answer during the meeting





TRAUMA CENTER ASSOCIATION OF AMERICA

FEDERAL UPDATE FOR EAST: THE FISCAL CRISIS, HEALTH REFORM AND IMPACT ON TRAUMA CARE

> Lisa Tofil, Esq. Holland & Knight, LLP October 24, 2012

DEFICIT & FISCAL CLIFF



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Entitlement Spending at the Heart of it All Entitlements Outstrip Revenue Without a change, in the Republicans point out that entitlement spending will soon outstrip revenue unless the government does some fiscal belt-tightening. next 35 years, Entitlement spending will crowd out Alternative fiscal scenario for federal spending and revenue, as a percentage of GDP all other budgetary 2047: Entitlement spending surpasses **Revenue** spending (e.g. defense and discretionary) and overtake current revenues Net interest Other spending Medicare, Medicaid, CHIP, and exchange subsidies Source: Congressional Budget Office

Something's Gotta Give

- "Our plan showed that this problem is too large to cut our way out, it's too large to tax our way out and it's too large to grow our way out. We need a combination of cutting low-priority spending throughout the budget, reforming entitlements to slow the growth of health care spending and make Social Security solvent, and reforming the tax code to promote growth and generate revenue in a progressive manner." Erskine Bowles and Former Senator Alan Simpson, September 22, 2012
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Likely to be a hurricane...





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Old Fiscal Cliff

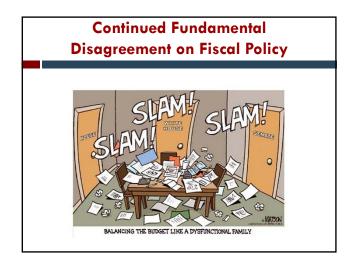
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 - \$55B Defense (9.4%)
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Simpson Bowles?

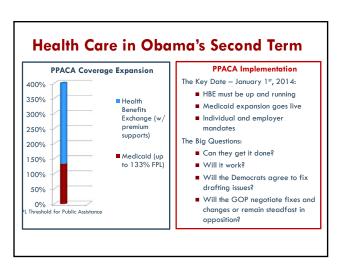
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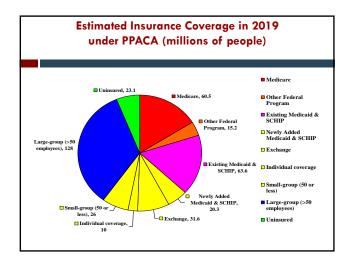
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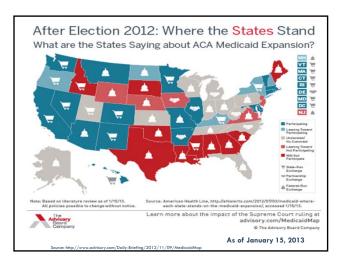


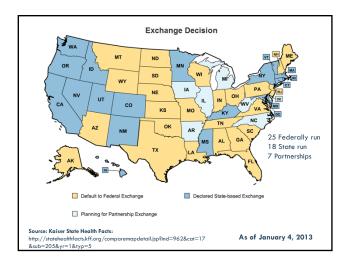


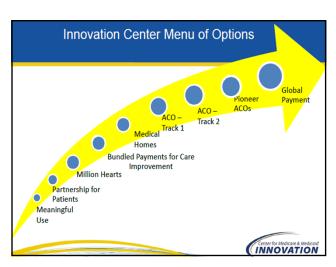












Big Areas of Change Affecting Providers

- CMS System Redesign Initiatives -- to incentivize quality, efficiency, while lowering utilization and costs
 - Patient Safety
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 - Value-based purchasing
 - Preventable readmissions
 - Bundled payment models
 - ACOs
 - Health Care Innovation Challenge
 - State Innovation Program
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Health Care Issues on the Horizon

18

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on

Quality

Medicare - Bigger immediate target

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BIG PICTURE Challenges for Trauma Care

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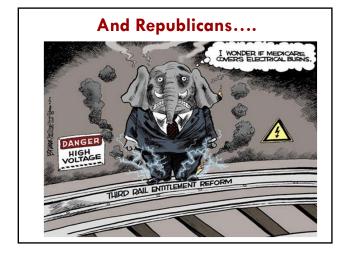
Working to Fund Trauma Programs – Big Uphill Climb

- □ Trauma Systems -- \$24 million
 - Trauma System Grants
 - Regionalization of Emergency Care Pilot Program
- □ Trauma Centers -- \$100 million
- Trauma center grants for uncompensated care, core mission, academic support
- □ Trauma Service Availability grants -- \$100 million
 - Grants to states with 80% requirement to move out to trauma centers/hospitals wishing to become TC's
- □ Emergency Medical Services for Children Program
- □ NIH Emergency Care Office
- Pandemic and All-Hazards Preparedness Act
 - Getting trauma focus in national health security strategy

Ensuring Future Payment for Trauma Care

- □ Trauma is different than other conditions -- can't medical home or manage it in the same way
 - $\ensuremath{\blacksquare}$ "Bundling" of imminent, life-threatening events doesn't work
 - $\ensuremath{\blacksquare}$ Shouldn't move trauma patients based on insured or ACO status
- □ Developing new reimbursement paradigm for trauma care
 - Collaborative effort between TCAA and ACS to begin deep think
 - Value based around episodes of care
 - Promoting right patient, right TC, right time
 - Helping the feds to master improved outcomes, efficiencies and resulting cost savings for imminent life-threatening conditions
- Working on some initial ideas and will be gathering the thoughts of EAST and other organizations

Entitlement Reform -- Tough for Democrats







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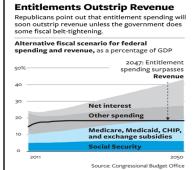
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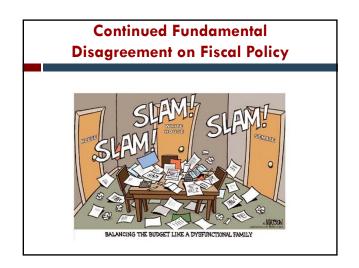
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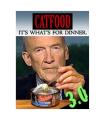


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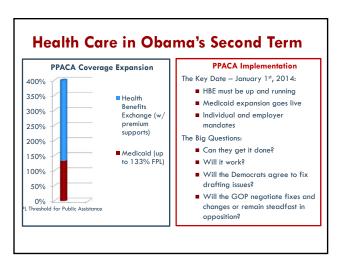
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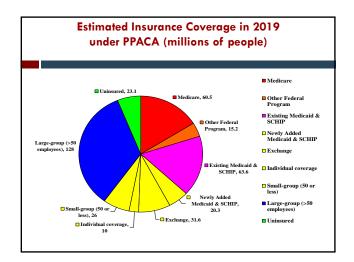
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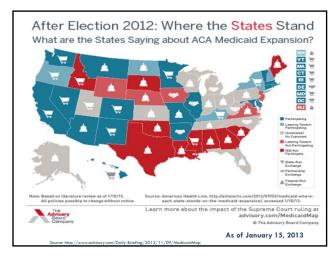


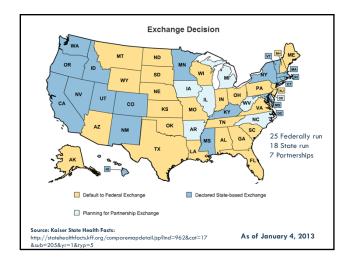


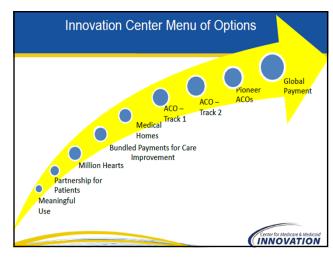












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Working to Fund Trauma Programs – Big Uphill Climb

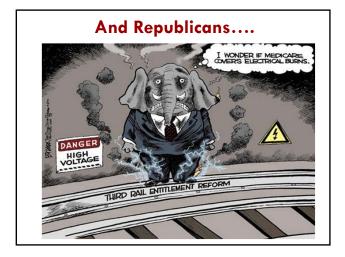
- □ Trauma Systems -- \$24 million
 - Trauma System Grants
 - Regionalization of Emergency Care Pilot Program
- □ Trauma Centers -- \$100 million
- Trauma center grants for uncompensated care, core mission, academic support
- □ Trauma Service Availability grants -- \$100 million
 - Grants to states with 80% requirement to move out to trauma centers/hospitals wishing to become TC's
- □ Emergency Medical Services for Children Program
- □ NIH Emergency Care Office
- Pandemic and All-Hazards Preparedness Act
 - Getting trauma focus in national health security strategy

Ensuring Future Payment for Trauma Care

- □ Trauma is different than other conditions -- can't medical home or manage it in the same way
 - $\ensuremath{\blacksquare}$ "Bundling" of imminent, life-threatening events doesn't work
 - $\ensuremath{\blacksquare}$ Shouldn't move trauma patients based on insured or ACO status
- □ Developing new reimbursement paradigm for trauma care
 □ Collaborative effort between TCAA and ACS to begin deep think
 - Value based around episodes of care
 - Promoting right patient, right TC, right time
 - Helping the feds to master improved outcomes, efficiencies and resulting cost savings for imminent life-threatening conditions
- Working on some initial ideas and will be gathering the thoughts of EAST and other organizations

Entitlement Reform -- Tough for Democrats







TCAA Needs You to Advocate



Trauma Lobby Day:
April 16, 2013

The future of trauma care depends upon your voice in Washington, especially in 2013