

Message from the President

Elliott R. Haut, MD, PhD, FACS

east news

EASTERN ASSOCIATION
FOR THE SURGERY
OF TRAUMA

ADVANCING SCIENCE • FOSTERING RELATIONSHIPS • BUILDING CAREERS

In This Issue

- Upcoming deadlines
- Pay It Forward Recap
- Mentoring Program
- Milestone Donors

Strategic Goals

LEADERSHIP

Prepare young surgeons to become leaders

DEVELOPMENT

Promote unique programs for the career development of young surgical leaders

SCHOLARSHIP

Provide education and training across the continuum of acute surgical care

FELLOWSHIP

Encourage a sense of community for personal professional growth

COLLABORATION

Work with our stakeholders to advance patient care and trauma systems



Get Involved

One of the most common questions I am asked as the President of EAST is “How did you get where you are in the organization?” This comes in a few flavors the most common of which is from a resident, fellow, or junior faculty member who wants to get involved but has no idea how to start. Over the years I have developed a somewhat standardized response. I usually start with a question: “So, which committee are you on?” to which the most common reply is “none.” I then start on my spiel that the way to get involved is to actively volunteer.

Step one is to volunteer. Every member of an EAST committee or ad hoc task force answered the yearly call for volunteers (which comes out over the summer). EAST doesn’t magically know you want to be involved; you need to tell us. The President-Elect, with Board approval, has the responsibility of appointing all who answer the call for volunteers to the myriad of EAST committees and ad hoc task forces whose common goal is to advance the exempt purpose of EAST. In 2018, more than 150 EAST members (including everyone who responded to the call) joined an official committee or ad hoc task force role in our organization.

Step two is to do a great job— make the conference calls, reply to the emails, chime in, make your voice heard. When an idea comes up, offer to help. Pitch your own idea to the chair and run with it. Bottom line, don’t just get your name on a list; be an active participant volunteer.

There are many other ways to get involved with the EAST. Practice Management Guideline (PMG) leaders are often looking for members to help. You do not need to be a member of the Guidelines Committee to co-author a PMG. We have had residents, fellows, and junior faculty be part of PMG Work Groups. The EAST Multicenter Trials Committee has well over a dozen ongoing studies. **Check out the website** and be part of one that appeals to you. Take the necessary steps to prospectively enroll your patients or collect their data retrospectively.

Senior EAST members ask me how to remain active and give back. They hear a set of parallel answers. I remind them that all EAST members can complete the Call for Volunteers application and join a committee or ad hoc task force. I suggest that they participate in **EAST’s Mentoring Program**, coordinated by the EAST Mentoring Committee chaired by Dr. Jamie

(continues on page 2)

Message from the President (continued from page 1)

Coleman, by signing up to be a year-long mentor. I encourage finding a student, resident, fellow, or junior faculty at their home institution who needs help (and a kick in the pants) to join one of the multicenter trials.

In addition to these long-term commitments, there are other ways to offer your services to EAST as a micro-volunteer. These short-term opportunities do not require a 1-year or 3-year long-term commitment and can be personally rewarding and beneficial to the organization. These might include being interviewed for an EAST Traumacast or Careercast, participating in a community outreach event, teaching Stop The Bleed, or completing an online EAST survey.

Be an ambassador for EAST— talk about EAST Practice Management Guidelines during clinical lectures, morbidity and mortality conferences, and during bedside teaching. Encourage residents and fellows to submit an essay for the **Oriens “This is Why I want a Career in Trauma and Acute Care Surgery” Award**. Engage with EAST on social media. Help us promote EAST to the entire world on Twitter, Facebook, and/or Instagram.

Most importantly, try to attend the EAST Annual Scientific Assembly each January. The face-to-face in-person discussions, collaborations, mentoring, and camaraderie will instantly make you feel at home and involved.

Thank you. Our organization relies upon the volunteer time and effort dedicated throughout the year by our members to thrive and prosper. Please contact me any time via email (ehaut1@jhmi.edu) or Twitter (@elliotthaut) about EAST-related matters.



Elliott R. Haut, MD, PhD, FACS
EAST President

EAST Mission Statement

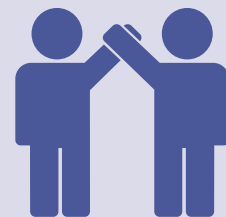
EAST is a scientific organization providing leadership and development for young surgeons active in the care of the injured patient through interdisciplinary collaboration, scholarship, and fellowship.

EAST Vision Statement

EAST seeks to improve care of the injured by providing a forum for the exchange of knowledge in the practice of trauma surgery; to promote trauma prevention, research, and improved trauma systems design; to encourage investigation and teaching of the methods of preventing and treating trauma; and to stimulate future generations of surgeons to meet the challenge.

Join EAST

Know someone who is interested in joining EAST? The membership application cycle will re-open July 1 and run through November 15. Interested candidates can sign up to be notified once the membership application system opens again. Encourage your colleagues to learn more and sign up to be notified by sharing the **Join EAST** page with them.



2019 EAST Board of Directors

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Committee Chairs and Ad Hoc Task Force Chairs

Annual Scientific Assembly – Matthew J. Martin, MD, FACS

Burn Surgery Ad Hoc Task Force – Joshua Carson, MD, FACS and
Callie M. Thompson, MD, FACS (Vice Chair)

Career Development Committee – Brad Dennis, MD, FACS

Development Committee – Babak Sarani, MD, FACS and
Alexander L. Eastman, MD, MPH, FACS (Vice Chair)

Emergency General Surgery Committee – D. Dante Yeh, MD, FACS

Equity, Quality and Inclusion in Trauma Surgery Practice Ad Hoc Task Force
Tanya L. Zakrisson, MD, MPH, FRCSC, FACS and Brian H. Williams, MD, FACS

Guidelines Committee – John J. Como, MD, MPH, FACS and
Nicole Fox, MD, MPH, FACS (Vice Chair)

Injury Control and Violence Prevention Committee –
Joseph V. Sakran, MD, MPH, MPA, FACS

Manuscript and Literature Review Committee – Mark J. Seamon, MD, FACS

Membership Recruitment and Retention Committee – Paula Ferrada, MD, FACS

Mentoring Committee – Jamie J. Coleman, MD, FACS

Military Committee – Travis M. Polk, MD, FACS and Stephanie Streit, MD, FACS

Minimally Invasive Surgery and Emerging Technologies Ad Hoc Task Force
Andrea Pakula, MD, MPH, FACS

Multicenter Trials Committee – Jeffry Nahmias, MD, MHPE, FACS

Online Education Committee – David S. Morris, MD, FACS

Quality, Safety and Outcomes Committee –
Jose L. Pascual, MD, PhD, FACS, FRCSC, FCCM

Research-Scholarship Committee – Rachael A. Callcut, MD, MSPH, FACS

Seniors Committee – Oscar D. Guillamondegui, MD, MPH, FACS

Committee appointments are made by the EAST President. A Call for Volunteers is conducted annually. Information is available on the EAST website and the call is announced via email and electronic communication. Please contact the EAST administrative offices at 312.202.5508 or by email at managementoffice@east.org if you are interested in serving.

Last Chance to Renew Your Membership in EAST

The deadline to renew your 2019 EAST Membership is right around the corner... **June 30, 2019**. You won't want to miss a minute of the educational, leadership, and career development opportunities happening daily at EAST. With a membership of more than 2,400, EAST offers you plenty

of opportunities to network and collaborate with your peers both online and in-person. **Sign in** to your member profile and renew your membership today. While logged in, make sure that your profile is complete and accurate to get the most out of your EAST membership experience.

Share Your Speaking & Research Interests with EAST Members

Interested in sharing your speaking and research interests with other EAST members? You can now add these to your EAST member profile and join the growing list of members who regularly speak at local, national, and international conferences.

Need a speaker? Visit the EAST Membership Directory to search for members by speaking and research interests and connect with your next presenter today.

To add your speaking and/or research interests:

1. Sign-in to your EAST member profile.
2. Select "Profile" from the drop-down menu under your name.
3. Select "Manage Profile" under "Member Services" on the right-hand side of the page.
4. Click on "Speaking & Research." Add up to two

speaking and/or research interests to your profile and hit save. Your interests will appear in your member profile and be visible to other EAST members in the EAST Membership Directory.

While in your EAST member profile, be sure to review your contact information and make changes as needed. A complete and accurate profile will get you the most out of your EAST membership experience and help foster opportunities for networking and collaboration.

If you have any questions updating your profile or have trouble recovering your username or password, call the EAST Administrative Office at 312-202-5508. You may also email managementoffice@east.org.

Thank you for taking the time to update your EAST member profile.

Dates to Remember

Visit the **News and Events** section of the EAST website for the most up-to-date news and listing of upcoming events.

Jun 30, 2019

Application Deadline for the Leadership Agility Program Scholarship

Jul 1, 2019

EAST Call for Abstracts Submission Deadline

Jul 12, 2019

LOI Submission Deadline - 2020 Templeton & Trauma Research Scholarships!

Aug 1, 2019

Society of Trauma Nurses/EAST Nurse Fellow Program Application Deadline

Aug 31, 2019

John M. Templeton Jr., MD Military Call to Service Scholarship Application Deadline

Aug 31, 2019

John P. Pryor, MD Distinguished Service Award - Nomination Deadline

Sep 18-21, 2019

78th Annual Meeting of the AAST and Clinical Congress of Acute Care Surgery
Location: Dallas Sheraton Hotel

Pay It Forward Day

On April 28, 2019, EAST celebrated **Pay it Forward Day**, a global initiative that encourages people to perform acts of kindness for others without expecting anything in return. Instead, recipients are asked to pay the kindness forward to others, creating a ripple effect of giving.

This year, EAST members epitomized the spirit of Pay It Forward Day by raising more than \$7,000 to support the next generation of trauma leaders working to improve the care of the injured patient.

EAST members also paid it forward to EAST by championing our campaign on social media. Thanks to everyone's likes, shares, and retweets, we were able reach a much wider

audience. Our top three EAST Ambassadors were:

- Lauren Allan, DO,
- Alexandra Briggs, MD
- Salina Wydo, MD

Congratulations on winning the #EASTPayItForward challenge! These three EAST Ambassadors each received an EAST Swag Bag!

Because you all paid it forward, EAST can continue to offer valuable initiatives in research

such as the EAST Trauma Research Scholarship and the EAST Multicenter Trials Junior Investigator Award, while developing tomorrow's leaders in trauma and acute care surgery through programs such as the EAST Leadership Development Workshop series. To learn more about these and other awards as well as for information on how to apply, visit our **EAST Awards & Scholarships** page.

Thank you for your support!



EAST Twitter Member Chat

New this year! Participate in EAST's monthly Twitter Member Chat: **#EASTMemberChat**. Join fellow EAST members on Twitter each month as they discuss topics relevant to your professional growth. Each month features a new topic such as, "What's the best piece of professional advice you ever received?" Visit the **EAST News** page to find out when the next EAST Twitter Member Chat is happening and join the discussion. To participate, just include **#EASTMemberChat** in your tweet. Following the ongoing discussion is as easy as clicking on the #EASTMemberChat hashtag or searching for it on the web or on your device's Twitter app. We look forward to hearing from you!



EAST Milestone Donors

Our list of Milestone Donors continues to grow. Find your name and those of your fellow EAST Milestone Donors here. Thank you for your generous support!

Interested in becoming an EAST Milestone Donor? You might be closer than you think! **Log in** to your EAST membership profile to review your giving status and consider reaching a new milestone by donating to the EAST Development Fund. Remember that you can invest in the initiative that matters most to you: research, injury control and violence prevention, or education and leadership development. You can also choose to donate to the General Development Fund and let EAST decide which initiatives need your support the most.

Continue to fund these valuable initiatives with a recurring donation. Gifts to EAST, a 501(c)(3) organization, are tax deductible (consult your tax advisor) and help fuel the innovation and life-learning critical to your profession while helping to change the lives of patients.

To give via check, please make it out to the Eastern Association for the Surgery of Trauma and mail to 633 N. Saint Clair Street, Suite 2400, Chicago, IL 60611.

For questions or to discuss a gift, please contact Kinga Litwiniuk, EAST's Development & Member Services Manager, at 312-202-5621.

INVEST-C Research Hackathon Recap

The third EAST INVEST-C Research Hackathon was held April 16-17, 2019 at the EAST headquarters in Chicago, Illinois. The conference supported five Participants, seven Reviewers (Faculty), and was moderated by Dr. Jason W. Smith, EAST Treasurer, and Dr. Ben Zarzaur,

EAST Research Division Chair, Director-at-Large. Kicking off the Hackathon Drs. Ben Zarzaur and Mayur Patel delivered a lecture titled "Mentorship Here and Back Home" while Dr. Elliott Haut and Dr. Stephen Barnes gave the focused presentation "Funding Sources: NIH and

Beyond" on day two of the program.

Interested in participating in the INVEST-C Program in the Spring of 2020? Only those that submit a Letter of Intent for either the 2020 John M. Templeton, Jr., MD Injury Prevention Research Scholarship, 2020 Trauma

(continues on page 7)

“ I donate to EAST because over the last decade I have seen incredible growth in the outreach of the organization.

I am a trauma surgeon at a busy Level II community-based trauma center, and I interact with trauma providers from remote trauma centers all over the western part of the United States. Despite the fact that those trauma providers are from non-academic remote hospitals, many of them use EAST’s online education and PMG resources, which facilitates the application of evidenced-based care at their institutions.



I find this type of outreach and impact to be invaluable in promoting quality care to the trauma community at large. The organization not only promotes the growth and development of EAST members, but more importantly has become a standard resource that is accessible and provides timely education and guidelines to a much larger surgical community. ”

**Ruby A. Skinner, MD, FACS, FCCP, FCCM
Marian Regional Medical Center
EAST Career Development Committee Member**

(continued from page 6)

Research Scholarship, and/or 2020 EAST Multicenter Trial Junior Investigator Award will be invited to apply. Apply for a 2020 EAST Research Scholarship/Award by clicking [here](#).

With the intention of supporting the EAST mission by providing support to the young surgeon

through research mentorship, research design assistance, multicenter collaborations, statistical support, and editorial services, the program delivered by fostering interdisciplinary collaboration to advance the care of the injured patient through research. See what

some of those involved in the program had to say about the successful and innovative event! Interested in more information about the INVEST-C Program or how you can help support this EAST initiative? [Click here](#).

EAST Multicenter Trials Committee

Call for Proposals – Multicenter Trial Studies

Jeffry Nahmias, MD, MHPE, FACS, Chair of the EAST Multicenter Trials Committee

Ben L. Zarzaur, MD, MPH, FACS, EAST Research Division Chair, Director-at-Large

August 30th Deadline:

Our annual 2020 call to lead an EAST Multicenter Trial is now under way! The submission deadline is August 30, 2019. The main goal of the EAST Multicenter Trials program is to facilitate the design and execution of multicenter prospective or retrospective research studies. In this capacity the EAST Multicenter Trials Committee enables researchers to collaborate with other centers. For additional information regarding EAST Multicenter Trials and to see the list of EAST's "Current Approved Studies" please click [here](#).

If you or a colleague has an idea for a Multicenter Trial study that would benefit from exposure and assistance by EAST, view the materials for proposal submission on the EAST website. The only current requirement is submission of an EAST Multicenter Study Proposal. If you have any questions or need assistance, e-mail the EAST offices at rdixon@east.org or call 312-202-5616.

You may also email managementoffice@east.org.

EAST Research-Scholarship Committee

John M. Templeton, Jr., MD Injury Prevention Research Scholarship and Trauma Research Scholarship

Now open! Letters of Intent (LOIs) are being accepted in consideration for the 2020 John M. Templeton, Jr., MD Injury Prevention Research Scholarship and Trauma Research Scholarship. The LOI submission deadline for both scholarships is July 12, 2019. The vision of the John M. Templeton, Jr., MD Injury Prevention Research Scholarship is to help support a young investigator perform an interventional trial in the field of injury prevention. All LOI's submitted in consideration of the Trauma Research Scholarship are judged on the basis of the merit of an applicant's research proposal, the potential of the applicant in future contributions to the science and practice of the surgery of trauma, and the applicant's mentor support and dedication of the research proposal. For additional information regarding the 2020 scholarships or to apply please click [here](#).

EAST Mentoring Committee

2019 EAST Mentoring Program

EAST is pleased to announce the 2019 EAST Mentoring Program for EAST members. This program opened June 2019 and is under the direction of the EAST Mentoring Committee. We are still looking for Mentors! To participate as a Mentor in future EAST Mentoring Programs, email Rachel Dixon (rdixon@east.org), EAST's Meetings and Association Manager.

EAST Mentoring Pair Rosters & Mentor Honor Roll

You can view all Mentors and Mentees that have participated in past EAST Mentoring Programs [here](#) and take a moment to view some brief videos illustrating how the EAST Mentoring Program helps with "Advancing Science, Fostering Relationships, and Building Careers." Thank you to all of those Mentors featured on our EAST Mentor Honor Roll that have volunteered their time, knowledge, and expertise!

Call for Abstracts

The Call for Abstracts for the 33rd EAST Annual Scientific Assembly is OPEN.

The Submission Deadline is July 1, 2019 at 11:59 pm. EAST accepts abstract submissions for traditional scientific abstracts and video abstracts.



Call for Volunteers

Call will open in August 2019. Must submit online form by September 2, 2019.

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