

Courses & Workshops

All fees are in addition to the primary Annual Scientific Assembly registration fee. Space is limited, and advance registration is required.

Taking the Lead: Strategies for Leading within Your Group *An EAST Leadership Development Workshop*

TUESDAY, JANUARY 14, 2020 • 8:00 AM-4:00 PM
Presented by the EAST Career Development Committee

Target Audience: Early Career and Mid-Career Trauma & Acute Care Surgeons including Fellows-in-Training

Needs Statement: A successful career as an acute care surgeon requires education, planning, and guidance. Not all young surgeons have experts in career development in their mentor pool. This workshop provides essential contacts and education to help acute care surgeons succeed.

Overview: This workshop is part of the EAST Leadership Development series. It is a three-part, multi-year course focusing on the career development of the early career trauma surgeon. Each workshop is designed to be a stand-alone course. In this way, surgeons can participate in the course at any time in the three-part series. The 2020 workshop will focus on leadership skills and strategies for individuals leading within a group or division. The knowledge and skills gained at this workshop can be applied not only at one's own medical center but also at the organizational level. Team-based learning exercises will be incorporated to encourage an active learning experience and provide more opportunity for interaction with workshop faculty. The faculty members include distinguished trauma and acute care surgery leaders known for excellence.

Learner Objectives:

At the conclusion of the workshop, the participant should be better able to:

1. Describe effective team leading strategies within a diverse workplace
2. Recognize different personality types and apply that knowledge to challenging leadership scenarios
3. Analyze difficult leadership situations and apply leadership and team-building principles.

Workshop Directors: Avi Bhavaraju, MD, Brian Brewer, MD, Jennifer Hartwell, MD, Jennifer Knight Davis, MD, & Jessica Summers, MD

Course Size: 45

Course Price: \$525

SCHEDULE:

8:00 am-8:15 am

Welcome and Introduction –
Jessica Summers, MD

8:15 am-8:45 am

Managing Up: What to do
When Your Ideals Don't Match
That of Your Boss? –
Ben Zarzaur, MD, MPH

8:45 am-9:15 am

Division Distress: How to
Manage When You are the
Junior Partner, the Mid-Career
Partner, or the Leader in Such
a Situation –
Kimberly Davis, MD, MBA

9:15 am-9:45 am

Bridging the Gender Gap within
Your Division and Department –
Elliott Haut, MD, PhD

9:45 am-10:00 am

Q & A

10:00 am-10:15 am

Break

10:15 am-10:45 am

Building a Unified, Inclusive,
and Complimentary Division –
Tanya Zakrison, MD, MPH

10:45 am-11:15 am

Gallup Strengths Finder –
Jennifer Knight Davis, MD

11:15 am-11:45 am

TBL #1 – Using the Gallup
Strengths: Managing a Division
in Crisis/Distress

11:45 am-12:15 pm

Managing Your Team Health:
How Do You Affect the
Wellness of the Whole Group? –
Sharmila Dissanaiké, MD

12:15 pm-12:45 pm

Lunch

12:45 pm-1:15 pm

Q & A - Panel discussion

“All the Mistakes I've Made”
Biggest Professional and
Personal Challenges Faced
Years 1-5 and 6-10

1:15 pm-1:45 pm

The Art of Asking – How as a
leader do you selectively ask
people to take on projects? –
Nicole Fox, MD, MPH

1:45 pm-2:15 pm

The Art of Saying No – How do
you say no at all levels of your
career? –
Oscar Guillamondegui, MD, MPH

2:15 pm-2:30 pm

Break

2:30 pm-3:00 pm

Balancing the Needs of the
Division versus the Needs of
the Individuals –
Alison Wilson, MD

3:00 pm-3:30 pm

Q & A

3:15 pm-3:45 pm

TBL #2 – Balancing the
Division and its Individuals

3:45 pm-4:00 pm

Wrap Up and Takeaways –
Jessica Summers, MD