

Taking the Lead: Strategies for Leading within Your Group
An EAST Leadership Development Workshop

TUESDAY, JANUARY 14, 2020

8:00 am – 4:00 pm

Presented by the EAST Career Development Committee

Target Audience: Early Career and Mid-Career Trauma & Acute Care Surgeons including Fellows-in-Training

Needs Statement: A successful career as an acute care surgeon requires education, planning, and guidance. Not all young surgeons have experts in career development in their mentor pool. This workshop provides essential contacts and education to help acute care surgeons succeed.

Overview: This workshop is part of the EAST Leadership Development series. It is a three-part, multi-year course focusing on the career development of the early career trauma surgeon. Each workshop is designed to be a stand-alone course. In this way, surgeons can participate in the course at any time in the three-part series. The 2020 workshop will focus on leadership skills and strategies for individuals leading within a group or division. The knowledge and skills gained at this course can be applied not only at one's own medical center but also at the organizational level. Team-based learning exercises will be incorporated to encourage an active learning experience and provide more opportunity for interaction with course faculty. The faculty members include distinguished trauma and acute care surgery leaders known for excellence.

Learner Objectives:

At the conclusion of the workshop, the participant should be better able to:

1. Describe effective team leading strategies within a diverse workplace
2. Recognize different personality types and apply that knowledge to challenging leadership scenarios
3. Analyze difficult leadership situations and apply leadership and team-building principles.

Workshop Directors: Avi Bhavaraju, MD, Brian Brewer, MD, Jennifer Hartwell, MD, Jennifer Knight Davis, MD, & Jessica Summers, MD

Schedule:

8:00 am-8:15 am	Welcome and Introduction – Jessica Summers, MD
8:15 am-8:45 am	Managing Up: What to do When Your Ideals Don't Match That of Your Boss? – Ben L. Zarzaur, MD, MPH
8:45 am-9:15 am	Division Distress: How to Manage When You are the Junior Partner, the Mid-Career Partner, or the Leader in Such a Situation – Kimberly A. Davis, MD, MPH
9:15 am-9:45 am	Bridging the Gender Gap within Your Division and Department – Elliott R. Haut, MD, PhD
9:45 am-10:00 am	Q & A
10:00 am-10:15 am	Break
10:15 am-10:45 am	Building a Unified, Inclusive, and Complimentary Division – Tanya L. Zakrisson, MD, MPH
10:45 am-11:15 am	Gallup Strengths Finder – Jennifer Knight Davis, MD
11:15 am-11:45 am	TBL #1 – Using the Gallup Strengths: Managing a Division in Crisis/Distress
11:45 am-12:15 pm	Managing Your Team Health: How Do You Affect the Wellness of the Whole Group? – Sharmila Dissanaiké, MD
12:15 pm-12:45 pm	Lunch
12:45 pm-1:15 pm	Q & A - Panel discussion "All the Mistakes I've Made"
1:15 pm-1:45 pm	Biggest Professional and Personal Challenges Faced Years 1-5 and 6-10 The Art of Asking – How as a leader do you selectively ask people to take on projects? – Nicole Fox, MD, MPH
1:45 pm-2:15 pm	The Art of Saying No – How do you say no at all levels of your career? – Oscar Guillaumondegui, MD, MPH
2:15 pm-2:30 pm	Break
2:30 pm-3:00 pm	Balancing the Needs of the Division versus the Needs of the Individuals – Alison Wilson, MD
3:00 pm-3:30 pm	Q & A
3:15 pm-3:45 pm	TBL #2 – Balancing the Division and its Individuals
3:45 pm-4:00 pm	Wrap Up and Takeaways – Jessica Summers, MD