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**Eastern Association for the Surgery of Trauma**  
**35<sup>th</sup> EAST Annual Scientific Assembly**  
**January 11-15, 2022**  
**OVERALL SCHEDULE**

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**MONDAY, JANUARY 10, 2022**

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**Courses - Ticketed session, additional fees apply. Pre-registration required.**

7:00 am-4:00 pm	<b>American Burn Association Advanced Burn Life Support Provider Course (ABLS)</b> <i>Presented by the EAST Burn Surgery Committee</i>
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**TUESDAY, JANUARY 11, 2022**

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7:30 am-6:00 pm	Registration
7:30 am-6:00 pm	Speaker Preparation
7:30 am-4:00 pm	EAST Development Fund & Information Kiosks

**Courses & Workshops - Ticketed session, additional fees apply. Pre-registration required.**

8:00 am-4:30 pm	<b>Local Leadership – Inside and Outside Your Organization - An EAST Leadership Development Workshop</b> <i>Presented by the EAST Career Development Committee</i>
1:15 pm-5:30 pm	<b>Bridging the Gap: A Chief Residents and Fellows Workshop</b> <i>Presented by the EAST Career Development Committee</i>

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**WEDNESDAY, JANUARY 12, 2022**

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6:30 am-5:45 pm	Registration
6:30 am-5:45 pm	Speaker Preparation
7:00 am-4:45 pm	EAST Development Fund & Information Kiosks
7:00 am-8:00 am	Breakfast in the Exhibit Hall
8:00 am-8:30 am	<b>Opening Ceremony - Flag Ceremony &amp; Opening Remarks</b>
8:30 am-10:00 am	<b>Scientific Session I: Raymond H. Alexander, MD Resident Paper Competition (Papers 1-6)</b> Moderators: Jeffrey A. Claridge, MD, MS & Alexandra L. Dixon, MD (2021 Basic Science Paper Award Recipient)
10:00 am-10:30 am	Morning Break - Refreshments provided in the Exhibit Hall
10:30 am-12:00 pm	<b>Scientific Session II: Raymond H. Alexander, MD Resident Paper Competition (Papers 7-12)</b> Moderators: A. Britton Christmas, MD, MBA & James P. Byrne, MD, PhD (2021 Clinical Science Paper Award Recipient)
12:00 pm-1:15 pm	Lunch on Own
1:15 pm-2:15 pm	<b>Active Wellness: Taking Control of Your Well-Being</b> <i>Presented by the EAST Career Development Committee</i> Surgeons reporting burnout has increased to over 50% of respondents. The process of making choices toward a fulfilling and healthy lifestyle may combat this trend. This session will highlight techniques and concepts to improve well-being. Items discussed will include operating room ergonomics, psychological capital, positive leadership and leading toward wellness. Moderators: Joseph Stirparo, MD, MBA & Salina Wydo, MD Speakers: Jennifer Hartwell, MD – Positive Leadership Shannon Calhoun Eastham, MD – Psychological Capital Laszlo Kiraly, MD – A Healthy Operating Room Michael Pasquale, MD – Leading Toward Wellness
2:15 pm-2:30 pm	Visit the Exhibits
2:30 pm-3:30 pm	<b>Opening Keynote - Presidential Address</b> <b><i>We're A Trauma Center: Go Big AND (not or) Go Home!</i></b> <b>Jeffrey A. Claridge, MD, MS, FACS</b>
3:45 pm-4:45 pm	<b>Improving Evidence-Based Practice: EAST Guidelines of the Year!</b> <i>Presented by the EAST Guidelines Committee</i> Moderators: George Kasotakis, MD & Lisa Kodadek, MD Guidelines to be presented (subject to change) <ul style="list-style-type: none"><li>• Hinchey Stage III and IV Diverticulitis: Primary Anastomosis versus Hartmann's Procedure – Nikolay Bugaev, MD</li><li>• Rib Fractures in Elderly – Kaushik Mukherjee, MD, MSCI</li><li>• Management of Ingested Foreign Bodies – Danielle Detelich, MD</li><li>• Role of Laparoscopy in Small Bowel Obstruction – Benjamin Johnson, MD</li></ul>



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**WEDNESDAY, JANUARY 12, 2022 (CONTINUED)**

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5:00 pm-6:00 pm      **EAST Annual Business Meeting**  
**Open to All EAST Members**

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**EAST Receptions & Special Events:**

6:15 pm-7:15 pm      EAST Development Donor & Exhibitor Appreciation  
Reception (*By invitation only*)

6:30 pm-8:30 pm      Opening Reception  
(*RSVP requested*)

**THURSDAY, JANUARY 13, 2022**

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6:30 am-5:00 pm      Registration

6:30 am-5:00 pm      Speaker Preparation

7:00 am-5:00 pm      EAST Development Fund & Information Kiosks

7:00 am-9:00 am      Breakfast in the Exhibit Hall

7:45 am-8:45 am      **No Suit, No Problem: Fostering Relationships  
& Building Careers**  
*Presented by the EAST Career Development Committee*  
(*RSVP requested*)

9:00 am-10:00 am      **Quick Shots Session I (Papers 1-10)**  
Moderators: Travis Polk, MD & Carrie Valdez, MD

9:00 am-10:00 am      **Quick Shots Session II (Papers 11-20)**  
Moderators: Jamie Coleman, MD & David Morris, MD

10:00 am-10:30 am      Visit the Exhibits

10:30 am-11:30 am      **EAST Annual Oriens Presentations**  
*Presented by the EAST Career Development Committee*  
*Supported by an unrestricted grant from the Polk Family Charitable Foundation*  
Moderator: Salina Wydo, MD

10:30 am-11:15 am  
Keynote Address – Lenworth Jacobs, Jr., MD, MPH, FACS

11:15 am-11:30 am - 2022 EAST Oriens Essay Presentations  
Resident Winner – Gillian L. Hoshal, DO      Fellow Winner – Youssef H. Shaban, DO

11:30 am-12:30 pm      Lunch on Own



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**THURSDAY, JANUARY 13, 2022 (CONTINUED)**

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11:30 am-12:30 pm

**EAST Committee & Ad Hoc Task Force Meetings**

Annual Scientific Assembly Committee  
Career Development Committee  
Development Committee  
Emergency General Surgery Committee  
Equity, Diversity, & Inclusion in Trauma Surgery Practice (EAST4ALL) Cmte  
Guidelines Committee  
Manuscript & Literature Review Committee  
Member Recruitment & Retention Committee  
Minimally Invasive Surgery/Emerging Technologies Committee  
Multicenter Trials Committee  
Quality, Safety and Outcomes Committee  
Rural Trauma Ad Hoc Task Force

12:30 pm-1:30 pm

**Quick Shots Session III (Papers 21-30)**

Moderators: Gary Marshall, MD & Stephanie Streit, MD

12:30 pm-1:30 pm

**Mental Health Issues in the Setting of Acute Traumatic Injury:  
Interventional Tools for the Trauma Provider**

*Presented by the EAST Injury Control & Violence Prevention Committee*

Patients exhibiting thought disorganization and behavioral dysregulation may be involved in circumstances requiring hospitalization secondary to traumatic injuries. Additionally, new onset psychiatric conditions may develop after a traumatic injury such as acute stress disorder, post-traumatic stress disorder (PTSD), or adjustment disorder. One in four trauma patients develop PTSD symptoms. A meta-analysis looking at the role for psychological interventions in reducing the incidence and severity of psychiatric sequelae in trauma survivors found that cognitive behavior therapy-treated patients experienced clinically but not statistically significant decreases in symptom severity. This session aims to guide healthcare providers who wish to better understand and help treat mental health issues in the acutely injured trauma patient.

Moderators: Tanya Anand, MD, MPH & Sara Higginson, MD

Speakers:

Aaron Meyer, MD – Acute Agitation- primary psychiatric diagnosis or secondary to medical condition  
Leah Tatebe, MD – Mitigating Acute Psychological Injury Through Trauma Informed Care in the Acute Injured Patient  
Colleen Trevino, RN, NP, PhD – Disposition Challenges & Some Hard Lessons Learned

1:45 pm-2:45 pm

**Navigating the Multicenter Trial Minefield: Pearls & Pitfalls from Veterans**

*Presented by the EAST Multicenter Trials Committee*

The development and execution of a multicenter trial is a major undertaking for any investigator. For the early-stage investigators running a multicenter trial it may seem overwhelming, and without local support or mentoring, their research interests may be stymied. Through presentations and a subsequent panel, this session aims to offer future principal investigators and participants in EAST multicenter trials the ability to learn from the both the successes and failures of seasoned investigators who have led and/or are currently leading multicenter trials.

Moderators: James Bardes, MD & John Cull, MD

Speakers:

D. Dante Yeh, MD, MHPE – Center Recruitment & Retention  
Rondi Gelbard, MD – Data Validity & Data Consistency  
Haytham Kaafarani, MD, MPH – Contribution & Post Hoc Analysis

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**THURSDAY, JANUARY 13, 2022 (CONTINUED)**

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- 1:45 pm-2:45 pm      **Point of Care Ultrasound in the ED-Bridging the Specialty Gap**  
*Presented by the EAST Emergency General Surgery Committee*  
This session will evaluate the current evidence behind EM POCUS and how it can be applied to surgical decision making. There will be a review of current standards for training, image storage and quality assurance. Evidence from both EM and Acute Care Surgery will be presented, and the session will attempt to identify best practices for patients being managed collaboratively by both specialties. The session will also explore how increased training on bedside ultrasound during surgical residency may increase the use of POCUS by the ACS surgeon. By working together, surgeons and emergency physicians can provide better and more efficient care for our patients.  
Moderator: Eric Legome, MD & Zachary Warriner, MD  
Faculty: Paula Ferrada, MD, Sarah Murthi, MD, Bret Nelson, MD, Vicki Noble, MD  
Presentations:
- POCUS: Fact vs Fiction
  - Cholecystitis: Can ED Ultrasound Expedite Patient Care?
  - Appendicitis: Who Needs A CT Scan? I Have An Ultrasound.
  - The Future Is Now, POCUS Training Options For The General Surgeon
  - Panel Discussion & Audience Q/A
- 2:45 pm-3:15 pm      Visit the Exhibits
- 3:15 pm-5:15 pm      **Scientific Session III: Resuscitation & Emergency General Surgery**  
(Papers 13-20)  
Moderators: Suresh Agarwal, Jr., MD & Vanessa Ho, MD, MPH
- 3:15 pm-5:00 pm      **Scientific Session IV: Cox-Templeton Injury Prevention**  
**Paper Competition**  
(Papers 21-27)  
Moderators: Hee Soo Jung, MD & James Bardes, MD (2021 Paper Award Recipient)
- 5:15 pm-6:00 pm      **If I Knew Then What I Know Now**  
*Presented by the EAST Mentoring Committee & the EAST Seniors Committee*  
Encouragement and sage advice is needed from those have been there and done that. This session will cover the utility and pathways of earning additional advanced degrees after starting clinical practice, planning for retirement, advancing in local and national organizations, and identifying factors to consider when choosing a practice model, and what do when you are sued.
- Moderators: Tiffany Bee, MD & Saskya Byerly, MD, MS  
Speakers:  
Kimberly A. Davis, MD, MBA – The Utility of Earning Advanced Degrees after Training  
Thomas Duncan, DO – What to Know About Retirement & Financial Literacy  
Matthew Martin, MD – Advancing in Local & National Organizations  
Tiffany Bee, MD – Picking a Practice Model  
Tiffany Bee, MD – You are Being Sued...Now What?

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**FRIDAY, JANUARY 14, 2022**

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6:30 am-3:00 pm	Registration
6:30 am-5:00 pm	Speaker Preparation
7:00 am-5:00 pm	EAST Development Fund & Information Kiosks
7:00 am-8:00 am	Breakfast in the Exhibit Hall
7:45 am-9:45 am	<b>Scientific Session V: Clinical Trauma</b> (Papers 28-35) Moderators: Niels Martin, MD & Amy Rushing, MD
7:45 am-9:45 am	<b>Scientific Session VI: Trauma Systems &amp; Education</b> (Papers 36-43) Moderators: Haytham Kaafarani, MD, MPH & Deborah Stein, MD, MPH
9:45 am-10:00 am	Break – Visit the Exhibits
10:00 am-11:00 am	<b>Engage the Experts</b> <i>Presented by the EAST Career Development Committee</i> A highly interactive session that will allow residents, fellows and junior faculty members to present brief, interesting cases to a panel of Experts who will discuss management options, pitfalls, and innovations.  Moderators: Avi Bhavaraju, MD, Prerna Ladha, MBBS, Alaina Lasinski, MD, Hassan Mashbari, MD, Zaffer Qasim, MD, Rathna Shenoy, MD  Experts: Eileen M. Bulger, MD Jennifer M. Gurney, MD David H. Livingston, MD  Case Presentations
11:15 am-12:00 pm	<b>Scott B. Frame, MD Memorial Lecture</b> <b>Shiftwork: Future of Trauma Surgery, or a Blight on our Profession?</b> <b>Sharmila Dissanaik, MD, FACS, FCCM</b>



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**FRIDAY, JANUARY 14, 2022 (CONTINUED)**

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12:15 pm-1:30 pm      **EAST Awards Ceremony & Recognition  
& Gavel Exchange Luncheon**  
*Open to all meeting attendees*

1:30 pm-2:30 pm      **EAST Committee & Task Force Meetings**  
Burn Surgery Committee  
Injury Control & Violence Prevention Committee  
Mentoring Committee  
Military Committee  
Online Education Committee  
Research-Scholarship Committee  
Seniors Committee

**2:30 pm-5:30 pm**      **Short Courses - Space is limited, pre-registration required.**

2:30 pm-5:30 pm      **EAST Short Course #1**  
**Making the GRADE: Practical Application of GRADE Methodology for  
Development of EAST Practice Management Guidelines**  
*Presented by the EAST Guidelines Committee*

2:30 pm-5:30 pm      **EAST Short Course #2**  
**Trauma Quality: A Hands-on Approach & Toolkit to Trauma PI/QA  
Using Just Culture**  
*Presented by the EAST Quality, Safety, & Outcomes Committee*

2:30 pm-5:30 pm      **EAST Short Course #3**  
**Playing the Research Long Game**  
*Presented by the EAST Research-Scholarship Committee, the EAST Multicenter Trials Committee  
& the EAST Seniors Committee*

**SATURDAY, JANUARY 15, 2022**

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7:00 am-8:30 am      EAST Board of Directors Meeting  
*(By invitation only)*

7:30 am-5:00 pm      **STN Optimal Trauma Center Organization & Management Course**  
*Presented by the Society of Trauma Nurses (STN)*

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