



Eastern Association for the Surgery of Trauma
Advancing Science, Fostering Relationships, and Building Careers

Starting Strong: An EAST Chief Residents and Fellows Workshop

Presented by the EAST Career Development Committee

TUESDAY, JANUARY 9, 2024

1:15 pm – 5:30 pm

Target Audience: The audience is anyone soon pursuing or recently acquired a position in trauma and acute care surgery in both academic and private practice settings. This ranges from chief residents to fellows to new faculty.

Description: A successful career as an acute care surgeon requires mentorship, planning, and guidance. Often times, particularly for academic surgery, the ground work for one's ideal job needs to be laid years in advance. The contents of this workshop will help surgeons in training to choose the programs and jobs that match the future that best suites them. Sometimes, life's greatest lessons are learned the hard way. This workshop will feature young and mid-career leaders in our profession sharing the wins and struggles that will help to set trainees up for success as they transition into attending life.

Workshop Director: Salina Wydo, MD

Schedule and Faculty Subject to Change

Faculty: Stephanie Bonne, MD, Jordan Estroff, MD, Nicole Fox, MD, MPH, CPE, Bellal Joseph, MD, Niels Martin, MD, Hassan Mashbari, MD, Catherine McKnight, MD, Joshua Nash, DO, Cynthia Talley, MD, Salina Wydo, MD

Schedule:

- 1:15 pm – 1:30 pm Introduction – Jordan Estroff, MD & Salina Wydo, MD
- 1:30 pm – 2:00 pm So You Want to be an Acute Care Surgeon – Niels Martin, MD & Joshua Nash, DO
- 2:00 pm – 2:30 pm Identifying & Securing the Right Job – Catherine McKnight, MD
- 2:30 pm – 3:00 pm What is Your Fraction? What is Right for You – Jordan Estroff, MD & Nicole Fox, MD, MPH, CPE
- 3:00 pm – 3:30 pm Group Breakouts with Faculty – Advice I'd Give My Past Self, or Things I Learned the Hard Way
- 3:30 pm-3:45 pm Break
- 3:45 pm – 4:15 pm All the "Other Stuff" in the First Five Years – Cynthia Talley, & Salina Wydo, MD
- 4:15 pm – 4:45 pm New Money: Priorities for Financial Well-Being – Stephanie Bonne, MD
- 4:45 pm – 5:15 pm Change is Inevitable: The Landscape of Trauma/SCC/ACS – Bellal Joseph, MD & Hassan Mashbari, MD
- 5:15 pm – 5:30 pm Wrap Up

CME or Self-Assessment Credit will not be offered for this workshop.