



Eastern Association for the Surgery of Trauma

Advancing Science, Fostering Relationships, and Building Careers

Thinking Big: Leadership Development for the National Stage An EAST Leadership Development Workshop *Presented by the EAST Career Development Committee*

TUESDAY, JANUARY 14, 2025 - 8:00 am–4:30 pm

Target Audience: Early Career Trauma & Acute Care Surgeons including Fellows-in-Training

Overview: The Leadership Development workshop seeks to enhance the skills and abilities of surgeons who are nearing mid-career. Rotating on a three year cycle, the themes include personal, local/institutional, and regional/national leadership. The theme for the 2025 EAST Leadership Development Workshop is regional and national leadership. The workshop aims to assist emerging leaders in augmenting their skills and honing their goals for their mid-career phase, and the knowledge and skills gained from this course are intended to also be applicable at one's own institution and at the professional organization level. Workshop objectives: 1) Provide examples and actionable steps towards gaining leadership positions in regional and national surgical organizations 2) Broaden the learners aperture on what it means to be a leader in acute care surgery by providing examples and concrete steps towards achieving these goals 3) Help attendees set intentions for their own career paths via personal reflection and networking with everyone from peers and internationally recognized leaders in acute care surgery.

Workshop Director: Stephanie Streit, MD

Faculty: Stephanie Bonne, MD • Shannon Foster, MD • Nicole Fox, MD, MPH • Haytham Kaafarani, MD, MPH • Joseph Sakran, MD, MPH, MPA • Nicole Stassen, MD • Stephanie Streit, MD • Cynthia Talley, MD • Brian Williams, MD

Schedule and Faculty Subject to Change

Schedule:

8:00 am–8:15 am	Introduction – Stephanie Streit, MD
8:15 am–8:55 am	The Science of Service – Nicole Fox, MD, MPH
8:55 am–9:35 am	Demystifying the Acronyms – Stephanie Bonne, MD
9:35 am–9:45 am	Break
9:45 am–10:15 am	The Treasure Chest – Group Activity
10:15 am–10:55 am	The ABS – A Hydra for Good – Nicole Stassen, MD
10:55 am–11:35 am	The Leadership of the Educator – Cynthia Talley, MD
11:35 am–12:15 pm	Panel Discussion
12:15 pm–1:00 pm	Lunch
1:00 pm–1:40 pm	Staying Relevant Outside of the Ivory Tower – Shannon Foster, MD
1:40 pm–2:30 pm	Not that Kind of Fellowship: Stepping Away from Clinical Medicine – Brian Williams, MD
2:30 pm–2:45 pm	Letters to Future You/Break
2:45 pm–3:25 pm	Quality and Safety at the National Level – Haytham Kaafarani, MD, MPH
3:25 pm–4:05 pm	"This is Our Lane" and Finding Your Own Lane – Joseph Sakran, MD, MPH, MPA
4:05 pm–4:30 pm	Panel Discussion
4:30 pm	Wrap Up & Takeaways – Stephanie Streit, MD