

Elderly Adults with Isolated Hip Fractures – Orthogeriatric versus Standard Care: a Practice Management Guideline from the Eastern Association for the Surgery of Trauma

Study Population



Elderly Adults with Isolated Hip Fracture

OG: Ortho + Geriatrics
Std: Ortho alone

Meta-Analysis of
6 RCT, 7 Retro Case-Control

Results with OG



Improved mobility
at 4 mos



Better cognition at
12 mos



Improved ADL at
4 and 12 mos



Less Hosp Acq Pressure Ulcers
OR 0.30 (0.15, 0.60)

Conclusions

- Significant outcomes
- Low quality evidence
- Patients likely to favor



**Conditionally recommend
an OG care model!**

Mukherjee et al.

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@vegansurgeon, @johnjcomo, @traumabryce
@barrrd1985, @FHwangMD



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