Elderly Adults with Isolated Hip Fractures – Orthogeriatric versus Standard Care: a Practice Management Guideline from the Eastern Association for the Surgery of Trauma

**Study Population**
Elderly Adults with Isolated Hip Fracture
OG: Ortho + Geriatrics
Std: Ortho alone
Meta-Analysis of 6 RCT, 7 Retro Case-Control

**Results with OG**
- Improved mobility at 4 mos
- Improved ADL at 4 and 12 mos
- Better cognition at 12 mos
- Less Hosp Acq Pressure Ulcers OR 0.30 (0.15, 0.60)

**Conclusions**
- Significant outcomes
- Low quality evidence
- Patients likely to favor
  - Conditionally recommend an OG care model

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