

Eastern Association for the Surgery of Trauma
35th EAST Annual Scientific Assembly
January 11-15, 2022
OVERALL SCHEDULE

MONDAY, JANUARY 10, 2022

Courses - Ticketed session, additional fees apply. Pre-registration required.

7:00 am-4:00 pm	American Burn Association Advanced Burn Life Support Provider Course (ABLS) <i>Presented by the EAST Burn Surgery Committee</i>	Room 408-409 4 th Floor
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TUESDAY, JANUARY 11, 2022

7:30 am-6:00 pm	Registration	JW Grand Foyer
7:30 am-6:00 pm	Speaker Preparation	Room 402, 4 th Floor
7:30 am-4:00 pm	EAST Development Fund & Information Kiosks	JW Grand Foyer

Courses & Workshops - Ticketed session, additional fees apply. Pre-registration required.

8:00 am-4:30 pm	Local Leadership – Inside and Outside Your Organization - An EAST Leadership Development Workshop <i>Presented by the EAST Career Development Committee</i>	203-204 2 nd Floor
1:15 pm-5:30 pm	Bridging the Gap: A Chief Residents and Fellows Workshop <i>Presented by the EAST Career Development Committee</i>	Room 502-504 5 th Floor

4:00 pm-8:30 pm	EAST Executive Committee & Board of Directors Meetings 4:00 pm-4:30 pm - Executive Committee 4:30 pm-8:30 pm - Board of Directors	Brazos 2 nd Floor
6:00 pm-9:00 pm	Exhibit Set-up	JW Grand Salon 7-8

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WEDNESDAY, JANUARY 12, 2022

6:30 am-5:45 pm	Registration	JW Grand Foyer
6:30 am-5:45 pm	Speaker Preparation	Room 402, 4 th Floor
7:00 am-4:45 pm	EAST Development Fund & Information Kiosks	JW Grand Foyer
7:00 am-8:00 am	Breakfast in the Exhibit Hall	JW Grand Salon 7-8
8:00 am-8:30 am	Opening Ceremony - Flag Ceremony & Opening Remarks	JW Grand Salon 5-6
8:30 am-10:00 am	Scientific Session I: Raymond H. Alexander, MD Resident Paper Competition (Papers 1-6) Moderators: Jeffrey A. Claridge, MD, MS & Alexandra L. Dixon, MD (2021 Basic Science Paper Award Recipient)	JW Grand Salon 5-6
10:00 am-10:30 am	Morning Break - Refreshments provided in the Exhibit Hall	JW Grand Salon 7-8
10:30 am-12:00 pm	Scientific Session II: Raymond H. Alexander, MD Resident Paper Competition (Papers 7-12) Moderators: A. Britton Christmas, MD, MBA & James P. Byrne, MD, PhD (2021 Clinical Science Paper Award Recipient)	JW Grand Salon 5-6
12:00 pm-1:15 pm	Lunch on Own	
12:00 pm-1:15 pm	Teleflex – Satellite Symposium	Room 408-409 4 th Floor
1:15 pm-2:15 pm	Active Wellness: Taking Control of Your Well-Being <i>Presented by the EAST Career Development Committee</i> Surgeons reporting burnout has increased to over 50% of respondents. The process of making choices toward a fulfilling and healthy lifestyle may combat this trend. This session will highlight techniques and concepts to improve well-being. Items discussed will include operating room ergonomics, psychological capital, positive leadership and leading toward wellness. Moderators: Joseph Stirparo, MD, MBA & Salina Wydo, MD Speakers: Jennifer Hartwell, MD – Positive Leadership Shannon Calhoun Eastham, MD – Psychological Capital Laszlo Kiraly, MD – A Healthy Operating Room Michael Pasquale, MD – Leading Toward Wellness	JW Grand Salon 5-6
2:15 pm-2:30 pm	Afternoon Break - Refreshments provided in the Exhibit Hall	JW Grand Salon 7-8
2:30 pm-3:30 pm	Opening Keynote - Presidential Address <i>We're A Trauma Center: Go Big AND (not or) Go Home!</i> Jeffrey A. Claridge, MD, MS, FACS	JW Grand Salon 5-6
3:45 pm-4:45 pm	Improving Evidence-Based Practice: EAST Guidelines of the Year! <i>Presented by the EAST Guidelines Committee</i> Moderators: George Kasotakis, MD & Lisa Kodadek, MD Guidelines to be presented (subject to change) <ul style="list-style-type: none"> • Hinchey Stage III and IV Diverticulitis: Primary Anastomosis versus Hartmann's Procedure – Nikolay Bugaev, MD • Rib Fractures in Elderly – Kaushik Mukherjee, MD, MSCI • Management of Ingested Foreign Bodies – Danielle Detelich, MD • Role of Laparoscopy in Small Bowel Obstruction – Benjamin Johnson, MD 	JW Grand Salon 5-6

*Scientific Sessions, Educational Sessions, Exhibits on the 4th Floor unless otherwise noted
A Mothers' Room is available in the Room 404, 4th Floor*

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35th EAST Annual Scientific Assembly
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WEDNESDAY, JANUARY 12, 2022 (CONTINUED)

5:00 pm-6:10 pm	EAST Annual Member Forum Open to All EAST Members	JW Grand Salon 5-6
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EAST Receptions & Special Events:

6:15 pm-7:15 pm	EAST Development Fund Donor & Exhibitor Appreciation Reception <i>(By invitation only)</i>	Brazos Room 2 nd Floor
6:30 pm-8:30 pm	Opening Reception <i>(RSVP requested)</i>	Lone Star Ballroom 3 rd Floor

THURSDAY, JANUARY 13, 2022

6:30 am-5:00 pm	Registration	JW Grand Foyer
6:30 am-5:00 pm	Speaker Preparation	Room 402 , 4 th Floor
7:00 am-5:00 pm	EAST Development Fund & Information Kiosks	JW Grand Foyer
7:00 am-9:00 am	Breakfast in the Exhibit Hall	JW Grand Salon 7-8
7:45 am-8:45 am	No Suit, No Problem: Fostering Relationships & Building Careers <i>Presented by the EAST Career Development Committee</i> <i>(RSVP requested)</i>	Griffin Hall, 2 nd Floor
9:00 am-10:00 am	Quick Shots Session I (Papers 1-10) Moderators: Travis Polk, MD & Carrie Valdez, MD	JW Grand Salon 5-6
9:00 am-10:00 am	Quick Shots Session II (Papers 11-20) Moderators: Jamie Coleman, MD & David Morris, MD	JW Grand Salon 1-4
10:00 am-10:30 am	Morning Break - Refreshments provided in the Exhibit Hall	JW Grand Salon 7-8
10:30 am-11:30 am	EAST Annual Oriens Presentations <i>Presented by the EAST Career Development Committee</i> <i>Supported by an unrestricted grant from the Polk Family Charitable Foundation</i> Moderator: Salina Wydo, MD	JW Grand Salon 5-6
	10:30 am-11:15 am Keynote Address – Lenworth Jacobs, Jr., MD, MPH, FACS	
	11:15 am-11:30 am - 2022 EAST Oriens Essay Presentations Resident Winner – Gillian L. Hoshal, DO Fellow Winner – Youssef H. Shaban, DO	
11:30 am-12:30 pm	Lunch Break	
11:30 am-12:30 pm	EAST Past Presidents Lunch (By invitation only)	Brazos Room 2 nd Floor

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THURSDAY, JANUARY 13, 2022 (CONTINUED)

11:30 am-12:30 pm	<p><u>EAST Committee & Ad Hoc Task Force Meetings</u> Annual Scientific Assembly Committee Career Development Committee Development Committee Emergency General Surgery Committee Equity, Diversity, & Inclusion in Trauma Surgery Practice (EAST4ALL) Cmte Guidelines Committee Manuscript & Literature Review Committee Member Recruitment & Retention Committee Minimally Invasive Surgery/Emerging Technologies Committee Multicenter Trials Committee Quality, Safety and Outcomes Committee Rural Trauma Ad Hoc Task Force</p>	Room 408, 4 th FI Room 409, 4 th FI Room 502, 5 th FI Room 503, 5 th FI Room 213, 2 nd FI Room 406, 4 th FI Room 201-202, 5 th FI Room 505, 5 th FI Room 205, 2 nd FI Room 504, 5 th FI Room 211-212, 2 nd FI Room 407, 4 th FI
12:30 pm-1:30 pm	<p>Quick Shots Session III (Papers 21-30) Moderators: Gary Marshall, MD & Stephanie Streit, MD</p>	JW Grand Salon 1-4
12:30 pm-1:30 pm	<p>Mental Health Issues in the Setting of Acute Traumatic Injury: Interventional Tools for the Trauma Provider <i>Presented by the EAST Injury Control & Violence Prevention Committee</i> Patients exhibiting thought disorganization and behavioral dysregulation may be involved in circumstances requiring hospitalization secondary to traumatic injuries. Additionally, new onset psychiatric conditions may develop after a traumatic injury such as acute stress disorder, post-traumatic stress disorder (PTSD), or adjustment disorder. One in four trauma patients develop PTSD symptoms. A meta-analysis looking at the role for psychological interventions in reducing the incidence and severity of psychiatric sequelae in trauma survivors found that cognitive behavior therapy-treated patients experienced clinically but not statistically significant decreases in symptom severity. This session aims to guide healthcare providers who wish to better understand and help treat mental health issues in the acutely injured trauma patient.</p> <p>Moderators: Tanya Anand, MD, MPH & Sara Higginson, MD Speakers: Aaron Meyer, MD – Acute Agitation- primary psychiatric diagnosis or secondary to medical condition Leah Tatebe, MD – Mitigating Acute Psychological Injury Through Trauma Informed Care in the Acute Injured Patient Colleen Trevino, RN, NP, PhD – Disposition Challenges & Some Hard Lessons Learned</p>	JW Grand Salon 5-6
1:45 pm-2:45 pm	<p>Navigating the Multicenter Trial Minefield: Pearls & Pitfalls from Veterans <i>Presented by the EAST Multicenter Trials Committee</i> The development and execution of a multicenter trial is a major undertaking for any investigator. For the early-stage investigators running a multicenter trial it may seem overwhelming, and without local support or mentoring, their research interests may be stymied. Through presentations and a subsequent panel, this session aims to offer future principal investigators and participants in EAST multicenter trials the ability to learn from the both the successes and failures of seasoned investigators who have led and/or are currently leading multicenter trials.</p> <p>Moderators: James Bardes, MD & John Cull, MD Speakers: D. Dante Yeh, MD, MHPE – Center Recruitment & Retention Rondi Gelbard, MD – Data Validity & Data Consistency Haytham Kaafarani, MD, MPH – Contribution & Post Hoc Analysis</p>	JW Grand Salon 5-6

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THURSDAY, JANUARY 13, 2022 (CONTINUED)

1:45 pm-2:45 pm	<p>Point of Care Ultrasound in the ED-Bridging the Specialty Gap <i>Presented by the EAST Emergency General Surgery Committee</i> This session will evaluate the current evidence behind EM POCUS and how it can be applied to surgical decision making. There will be a review of current standards for training, image storage and quality assurance. Evidence from both EM and Acute Care Surgery will be presented, and the session will attempt to identify best practices for patients being managed collaboratively by both specialties. The session will also explore how increased training on bedside ultrasound during surgical residency may increase the use of POCUS by the ACS surgeon. By working together, surgeons and emergency physicians can provide better and more efficient care for our patients. Moderator: Eric Legome, MD & Zachary Warriner, MD Faculty: Paula Ferrada, MD, Sarah Murthi, MD, Bret Nelson, MD, Vicki Noble, MD Presentations:</p> <ul style="list-style-type: none"> • POCUS: Fact vs Fiction • Cholecystitis: Can ED Ultrasound Expedite Patient Care? • Appendicitis: Who Needs A CT Scan? I Have An Ultrasound. • The Future Is Now, POCUS Training Options For The General Surgeon • Panel Discussion & Audience Q/A 	JW Grand Salon 1-4
2:45 pm-3:15 pm	Afternoon Break - Refreshments provided in the Exhibit Hall	JW Grand Salon 7-8
3:15 pm-5:15 pm	<p>Scientific Session III: Resuscitation & Emergency General Surgery (Papers 13-20) Moderators: Suresh Agarwal, Jr., MD & Vanessa Ho, MD, MPH</p>	JW Grand Salon 5-6
3:15 pm-5:00 pm	<p>Scientific Session IV: Cox-Templeton Injury Prevention Paper Competition (Papers 21-27) Moderators: Hee Soo Jung, MD & James Bardes, MD (2021 Paper Award Recipient)</p>	JW Grand Salon 1-4
5:15 pm-6:00 pm	<p>If I Knew Then What I Know Now <i>Presented by the EAST Mentoring Committee & the EAST Seniors Committee</i> Encouragement and sage advice is needed from those have been there and done that. This session will cover the utility and pathways of earning additional advanced degrees after starting clinical practice, planning for retirement, advancing in local and national organizations, and identifying factors to consider when choosing a practice model, and what do when you are sued. Moderators: Tiffany Bee, MD & Saskya Byerly, MD, MS Speakers: Kimberly A. Davis, MD, MBA – The Utility of Earning Advanced Degrees after Training Thomas Duncan, DO – What to Know About Retirement & Financial Literacy Matthew Martin, MD – Advancing in Local & National Organizations Tiffany Bee, MD – Picking a Practice Model Tiffany Bee, MD – You are Being Sued...Now What?</p>	JW Grand Salon 1-4
<u>EAST Receptions & Special Events:</u>		
6:00 pm-7:00 pm	Society of Trauma Nurses (STN) Networking Reception <i>(By invitation only)</i>	Room 502-503, 5 th Floor
6:30 pm-9:30 pm	EAST President's Reception & Dinner <i>(By invitation only)</i>	
<u>Industry Events:</u>		
6:30 pm-8:30 pm	DePuy Synthes – Satellite Symposium	Room 408-409, 4 th Floor
6:30 pm-8:30 pm	Prytime Medical Devices, Inc. – Satellite Symposium	Room 211-212, 2 nd Floor

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FRIDAY, JANUARY 14, 2022

6:30 am-3:00 pm	Registration	JW Grand Foyer
6:30 am-5:00 pm	Speaker Preparation	Room 402, 4 th Floor
7:00 am-5:00 pm	EAST Development Fund & Information Kiosks	JW Grand Foyer
7:00 am-8:00 am	Breakfast in the Exhibit Hall	JW Grand Salon 7-8
7:45 am-9:45 am	Scientific Session V: Clinical Trauma (Papers 28-35) Moderators: Niels Martin, MD & Amy Rushing, MD	JW Grand Salon 5-6
7:45 am-9:45 am	Scientific Session VI: Trauma Systems & Education (Papers 36-43) Moderators: Haytham Kaafarani, MD, MPH & Deborah Stein, MD, MPH	JW Grand Salon 1-4
9:45 am-10:00 am	Morning Break - Refreshments provided in the Exhibit Hall	JW Grand Salon 7-8
10:00 am-11:00 am	Engage the Experts <i>Presented by the EAST Career Development Committee</i> A highly interactive session that will allow residents, fellows and junior faculty members to present brief, interesting cases to a panel of Experts who will discuss management options, pitfalls, and innovations. Moderators: Prerna Ladha, MBBS, Alaina Lasinski, MD, Zaffer Qasim, MD Experts: Eileen M. Bulger, MD Jennifer M. Gurney, MD David H. Livingston, MD Case Presentations: <ul style="list-style-type: none"> • Surviving a SWAT Shootout: A Modern & Lifesaving Application of ECMO After Multiple High-Caliber GSWs - Megan Cibulas, BS, MD • Scurvy: An Unusual presentation in Ulcerative Colitis Induced Toxic Megacolon - Frederique Pinto, BSc, MD • The Trauma Cesarean Section: Are We Prepared for Neonatal Damage Control? Robert E. Reily, MD 	JW Grand Salon 5-6
11:15 am-12:00 pm	Scott B. Frame, MD Memorial Lecture Shiftwork: Future of Trauma Surgery, or a Blight on our Profession? Sharmila Dissanaik, MD, FACS, FCCM	JW Grand Salon 5-6

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FRIDAY, JANUARY 14, 2022 (CONTINUED)

12:15 pm-1:30 pm	<p>EAST Awards Ceremony & Recognition & Gavel Exchange Luncheon <i>Open to all meeting attendees</i></p> <ul style="list-style-type: none"> • Raymond H. Alexander, MD Resident Paper Competition • Best Manuscript Award • EAST Oriens Award • John P. Pryor, MD Distinguished Service in Military Casualty Care Award <ul style="list-style-type: none"> ○ 2021 Award Recipient Recognized ○ 2022 Award Recipient Recognized • John M. Templeton, Jr., MD Military Call to Service Scholarship <ul style="list-style-type: none"> ○ 2021 Scholarship Recipients Recognized ○ 2022 Scholarship Recipients Recognized • Cox-Templeton Injury Prevention Paper Award • 2022 John M. Templeton, Jr., MD Injury Prevention Research Scholarship • 2022 Trauma Research Scholarship • 2022 Multicenter Trials Junior Investigator Award • 2022 Society of Trauma Nurses/EAST Nurse Fellow Recipient • 2022 Leadership Development Workshop Scholarship Recognition 	JW Grand Salon 1-4
1:30 pm-2:30 pm	<p><u>EAST Committee & Task Force Meetings</u> Burn Surgery Committee Injury Control & Violence Prevention Committee Mentoring Committee Military Committee Online Education Committee Research-Scholarship Committee Seniors Committee</p>	Room 408, 4 th FI Room 409, 4 th FI Room 406, 4 th FI Room 209, 2 nd FI Room 504, 5 th FI Room 505, 5 th FI Room 407, 4 th FI

2:30 pm-5:30 pm	<p><u>Short Courses - Space is limited, pre-registration required.</u> EAST Short Course #1 Making the GRADE: Practical Application of GRADE Methodology for Development of EAST Practice Management Guidelines <i>Presented by the EAST Guidelines Committee</i></p>	Room 502-503 5 th Floor
2:30 pm-5:30 pm	<p>EAST Short Course #2 Playing the Research Long Game <i>Presented by the EAST Research-Scholarship Committee, the EAST Multicenter Trials Committee & the EAST Seniors Committee</i></p>	JW Grand Salon 1-4
2:30 pm-5:30 pm	<p>EAST Short Course #3 Trauma Quality: A Hands-on Approach & Toolkit to Trauma PI/QA Using Just Culture <i>Presented by the EAST Quality, Safety, & Outcomes Committee</i></p>	JW Grand Salon 5-6

SATURDAY, JANUARY 15, 2022

7:00 am-8:30 am	<p>EAST Board of Directors Meeting <i>(By invitation only)</i></p>	Room 502-503 5 th Floor
7:30 am-5:00 pm	<p>STN Optimal Trauma Center Organization & Management Course <i>Presented by the Society of Trauma Nurses (STN)</i></p>	Room 408-409 4 th Floor

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