



# 36TH ANNUAL SCIENTIFIC ASSEMBLY

Eastern Association for the Surgery of Trauma  
Advancing Science, Fostering Relationships, and Building Careers

January 17-21, 2023  
Disney's Yacht & Beach Club Resort  
Lake Buena Vista, Florida  
**#EAST2023**

## MONDAY, JANUARY 16, 2023

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### **Courses - Ticketed session, additional fees apply. Pre-registration required.**

7:00 am-4:00 pm      **American Burn Association  
Advanced Burn Life Support Provider Course (ABLS)**  
*Presented by the EAST Burn Surgery Committee*

## TUESDAY, JANUARY 17, 2023

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7:00 am-4:00 pm      EAST Community Outreach Program – William R. Boone High School  
[Click here for details and to volunteer](#)

### **Courses & Workshops - Ticketed session, additional fees apply. Pre-registration required.**

8:00 am-4:15 pm      **Leadership Starts with You-Know Yourself & Expand  
Your Influence: An EAST Leadership Development Workshop**  
*Presented by the EAST Career Development Committee*

1:15 pm-5:30 pm      **Bridging the Gap: A Chief Residents and Fellows Workshop  
If I Could Do It All Over Again**  
*Presented by the EAST Career Development Committee*

4:00 pm-8:30 pm      EAST Board of Directors Meetings (By invitation only)

## WEDNESDAY, JANUARY 18, 2023

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8:00 am-8:30 am      **Opening Ceremony - Flag Ceremony & Opening Remarks**

8:30 am-10:00 am      **Scientific Session I: Raymond H. Alexander, MD Resident Paper Competition**  
(Papers 1-6)

10:00 am-10:30 am      Morning Break - Refreshments provided in the Exhibit Hall

10:30 am-12:00 pm      **Scientific Session II: Raymond H. Alexander, MD Resident Paper Competition**  
(Papers 7-12)

12:00 pm-1:15 pm      Lunch on Own

12:00 pm-5:00 pm      **EAST Blood Drive Supported through OneBlood**  
[Click here for more information and to make an appointment](#)

1:15 pm-2:15 pm      **Scientific Papers that Should Change Your Practice**  
*Presented by the EAST Manuscript & Literature Committee*

2:15 pm-2:30 pm      Break

2:30 pm-3:30 pm      **Opening Keynote - Presidential Address**  
**Deborah M. Stein, MD, MPH, FACS, FCCM**

3:30 pm-3:45 pm      Break

*Scientific Sessions, Educational Sessions, Exhibits in the Yacht Club Convention Center unless otherwise noted*



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## WEDNESDAY, JANUARY 18, 2023 (CONTINUED)

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### Concurrent Educational Sessions

- 3:45 pm-4:45 pm **Bless the Broken Road: Navigating Personal, Clinical or Career Wrong Turns & Roadblocks**  
*Presented by the EAST Career Development Committee & the EAST Mentor Member Committee*
- 3:45 pm-4:45 pm **Language & Bias: Communication Toolkit for EAST4ALL - Are We Doing it Right?**  
*Presented by the EAST Equity, Diversity, & Inclusion in Trauma Surgery Practice Committee*
- 3:45 pm-4:45 pm **Advancing the Practice of Trauma: Utilizing Advanced Practice Providers to Improve Patient Outcomes through a Collaborative Team Approach**  
*Presented by the EAST Equity, Diversity, & Inclusion in Trauma Surgery Practice Committee, the EAST Career Development Committee, & the EAST Member Recruitment & Retention Committee*
- 3:45 pm-4:45 pm **Rural Trauma Innovations: Creative Solutions for Providing the Right Care in the Right Place**  
*Presented by the EAST Military Committee & the EAST Rural Trauma Committee*

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5:00 pm-6:10 pm **EAST Annual Member Forum - Open to All EAST Members**

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### EAST Receptions & Special Events:

- 6:15 pm-7:15 pm EAST Development Fund Donor Reception  
*Reception (By invitation only)*
- 6:30 pm-8:30 pm Opening Reception  
*(RSVP requested)*

## THURSDAY, JANUARY 19, 2023

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- 7:30 am-8:30 am **EAST Committee & Ad Hoc Task Force Meetings**  
Annual Scientific Assembly Committee  
Career Development Committee  
Development Committee  
Emergency General Surgery Committee  
Equity, Diversity, & Inclusion in Trauma Surgery Practice Committee  
Guidelines Committee  
Manuscript & Literature Review Committee  
Member Recruitment & Retention Committee  
Minimally Invasive Surgery/Emerging Technologies Committee  
Multicenter Trials Committee  
Quality, Safety and Outcomes Committee  
Rural Trauma Committee

### Parallel Quick Shot Sessions

- 8:45 am-9:45 am **Quick Shots Session I (Papers 1-10)**
- 8:45 am-9:45 am **Quick Shots Session II (Papers 11-20)**
- 9:45 am-10:00 am Morning Break - Refreshments provided in the Exhibit Hall



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## THURSDAY, JANUARY 19, 2023 (CONTINUED)

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- 10:00 am-11:00 am      **EAST Annual Oriens Presentations**  
*Presented by the EAST Career Development Committee*  
*Supported by an unrestricted grant from the Polk Family Charitable Foundation*
- 10:00 am-10:45 am  
**Keynote Address – #WWCCBD**  
Clay Cothren Burlew, MD, FACS
- 10:45 am-11:00 am - 2023 EAST Oriens Essay Presentations  
Resident – Colin R. Whitmore, DO  
Fellow – Julia R. Coleman, MD, MPH
- 11:15 am-12:00 pm      **Practice Management Guidelines**  
*Presented by the EAST Guidelines Committee*
- 11:00 am-4:00 pm      **EAST Blood Drive Supported through OneBlood**  
[Click here for more information and to make an appointment](#)
- 12:00 pm-1:15 pm      Grab & Go Lunch Provided
- 12:00 pm-1:15 pm      **EAST Committee & Ad Hoc Task Force Meetings**  
Burn Surgery Committee  
Injury Control & Violence Prevention Committee  
Mentoring Committee  
Mentor Member Committee  
Military Committee  
Educational Resources Committee  
Research-Scholarship Committee
- Parallel Scientific Sessions**
- 1:30 pm-3:30 pm      **Scientific Session III: Potpourri - (Papers 13-20)**
- 1:30 pm-3:30 pm      **Scientific Session IV: Cox-Templeton Injury Prevention Paper Competition - (Papers 21-26)**
- 3:45 pm-5:00 pm      **No Suit, No Problem: Fostering Relationships & Building Careers**  
*Presented by the EAST Career Development Committee*  
*(RSVP requested)*

## FRIDAY, JANUARY 20, 2023

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- Parallel Scientific Sessions**
- 7:45 am-9:45 am      **Scientific Session V: Traumatic Brain Injury & Coagulation - (Papers 27-34)**
- 7:45 am-9:45 am      **Scientific Session VI: Multicenter Trials - (Papers 35-42)**
- 9:45 am-10:00 am      Morning Break - Refreshments provided in the Exhibit Hall
- 10:00 am-11:00 am      **Engage the Experts**  
*Presented by the EAST Career Development Committee*  
A highly interactive session that will allow residents, fellows and junior faculty members to present brief, interesting cases to a panel of Experts who will discuss management options, pitfalls, and innovations.
- Experts:  
Thomas Duncan, DO, FACS, FICS  
Sharon Henry, MD, FACS  
Stephanie Savage, MD, MS, FACS

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## FRIDAY, JANUARY 20, 2023 (CONTINUED)

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- 11:15 am-12:00 pm      **Scott B. Frame, MD Memorial Lecture**  
*It's Not a Simple Ankle Fracture*  
Rosemary A. Kozar, MD, PhD, FACS
- 12:15 pm-1:30 pm      **EAST Awards Ceremony & Recognition & Gavel Exchange Luncheon**  
*Open to all meeting attendees*

### **2:00 pm-5:00 pm      Short Courses - Space is limited, pre-registration required.**

- 2:00 pm-5:00 pm      **Short Course #1**  
**Developing the Surgeon Scientist Across All Career Stages**  
*Presented by the EAST Research-Scholarship Committee*
- 2:00 pm-5:00 pm      **Short Course #2**  
**Developing an Emergency General Surgery Quality Improvement Program**  
*Presented by the EAST Emergency General Committee*
- 2:00 pm-5:00 pm      **Short Course #3**  
**Extracorporeal Life Support: To Infinity & Beyond**  
*Presented by the EAST Career Development Committee*
- 2:00 pm-5:00 pm      **Short Course #4**  
**Skill Sustainment: Maintaining Operative Competency in the Face of Decreasing Operative Cases**  
*Presented by the EAST Military Committee*

## SATURDAY, JANUARY 21, 2023

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- 7:00 am-8:30 am      EAST Board of Directors Meeting (By invitation only)