



## 37TH ANNUAL SCIENTIFIC ASSEMBLY

Eastern Association for the Surgery of Trauma  
Advancing Science, Fostering Relationships, and Building Careers

January 9-13, 2024  
Signia by Hilton Orlando Bonnet Creek  
Orlando, Florida  
#EAST2024

### PRELIMINARY SCHEDULE

*Subject to Change*

#### TUESDAY, JANUARY 9, 2024

7:00 am-4:00 pm EAST Community Outreach Program – William R. Boone High School

#### **Courses & Workshops - Ticketed session, additional fees apply. Pre-registration required.**

8:00 am-4:00 pm **Leadership Among the Accomplished-Finding Success for All:  
An EAST Leadership Development Workshop**  
*Presented by the EAST Career Development Committee*

1:15 pm-5:30 pm **Starting Strong: An EAST Chief Residents & Fellows Workshop**  
*Presented by the EAST Career Development Committee*

4:00 pm-8:30 pm EAST Board of Directors Meeting (*Invitation Only*)

#### WEDNESDAY, JANUARY 10, 2024

8:00 am-8:30 am **Opening Ceremony - Flag Ceremony & Opening Remarks**

8:30 am-10:00 am **Scientific Session I: Raymond H. Alexander, MD Resident  
Paper Competition (Papers 1-6)**  
Moderators: Jason Smith, MD, PhD, MBA &  
James Williams, MD (*2023 Basic Science Paper Award Recipient*)

10:00 am-10:30 am Morning Break - Refreshments provided in the Exhibit Hall

10:30 am-12:00 pm **Scientific Session II: Raymond H. Alexander, MD Resident  
Paper Competition (Papers 7-12)**  
Moderators: Bradley Dennis, MD, &  
Maggie Bosley, MD (*2023 Clinical Science Paper Award Recipient*)

12:00 pm-1:15 pm Lunch on Own & Industry Satellite Symposiums

12:00 pm-5:00 pm **EAST In the Arena Live Podcasts**  
*Presented by the EAST Educational Resources Committee*

1:15 pm-2:15 pm **Scientific Papers That Should Change Your Practice**  
*Presented by the EAST Manuscript & Literature Review Committee*

2:15 pm-2:30 pm Break

2:30 pm-3:30 pm **Opening Keynote - Presidential Address  
Jason W. Smith, MD, PhD, MBA, FACS**

3:30 pm-3:45 pm Break



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#### WEDNESDAY, JANUARY 10, 2024 (CONTINUED)

<b>3:45 pm-4:45 pm</b>	<b>Educational Sessions – Concurrent Sessions</b>
3:45 pm-4:45 pm	<b>Educational Session 1</b> <b>Updates in Evidence-Based Care: EAST PMGs &amp; CCPs</b> <i>Presented by the EAST Guidelines Committee</i>
3:45 pm-4:45 pm	<b>Educational Session 2</b> <b>Acute Care Surgery: How Much is Too Much?</b> <i>Presented by the EAST Quality, Safety &amp; Outcomes Committee, the EAST Military Committee, &amp; the EAST Career Development Committee</i>
3:45 pm-4:45 pm	<b>Educational Session 3</b> <b>What in the Wound? Complex Wound Management: Tips from Burn Surgeons</b> <i>Presented by the EAST Burn Surgery Committee</i>
<b>5:00 pm-6:00 pm</b>	<b>Educational Sessions – Concurrent Sessions</b>
5:00 pm-6:00 pm	<b>Educational Session 4</b> <b>So You Want to be a Division Chief/Trauma Medical Director – Chief School 101</b> <i>Presented by the EAST Mentor Member Committee, the EAST Educational Resources Committee, &amp; the Society of Acute Care Surgery Chiefs</i>
5:00 pm-6:00 pm	<b>Educational Session 5</b> <b>When Blood Runs Out: Trauma System Preparation for Rural Mass Casualty Incidents</b> <i>Presented by the EAST Rural Care Committee</i>
5:00 pm-6:00 pm	<b>Educational Session 6</b> <b>Expanding Your Trauma Team's Influence by Incorporating Exceptional APPs in Clinical Research and Administrative Roles</b> <i>Presented by the EAST Career Development Committee and the EAST Membership Recruitment and Retention Committee</i>
6:30 pm-8:30 pm	<b>Opening Reception</b>



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#### THURSDAY, JANUARY 11, 2024

7:15 am-8:15 am	<b><u>EAST Committee &amp; Ad Hoc Task Force Meetings</u></b> Annual Scientific Assembly Committee Career Development Committee Development Committee Emergency General Surgery Committee Equity, Diversity, & Inclusion in Trauma Surgery Practice Committee Guidelines Committee Manuscript & Literature Review Committee Member Recruitment & Retention Committee Multicenter Trials Committee Quality, Safety and Outcomes Committee Rural Care Committee
8:30 am-9:30 am	<b>EAST Annual Oriens Presentations</b> <i>Presented by the EAST Career Development Committee</i>
9:30 am-10:00 am	Morning Break - Refreshments provided in the Exhibit Hall
10:00 am-11:00 am	<b>Quick Shots Session I (Papers 1-10)</b> Moderators: Alexandra Briggs, MD & Michael Cripps, MD
10:00 am-11:00 am	<b>Quick Shots Session II (Papers 11-20)</b> Moderators: Scott Armen, MD & Laura Johnson, MD
11:15 am-12:15 pm	<b>Scientific Session III: Cox-Templeton Injury Prevention Paper Competition (Papers 13-16)</b> Moderators: Leah Tatebe, MD & Ashley Williams, MD (2023 Paper Award Recipient)
12:15 pm-1:30 pm	Lunch on Own & Industry Satellite Symposiums
1:40 pm-3:40 pm	<b>Scientific Session IV</b> (Papers 17-24) Moderators Jeffry Nahmias, MD, MHPE & Esther Tseng, MD
1:40 pm-3:40 pm	<b>Scientific Session V</b> (Papers 25-32) Moderators: Kyle Cunningham, MD, MPH & Molly Flannagan, MD
4:00 pm-5:15 pm	<b>No Suit, No Problem: Fostering Relationships &amp; Building Careers</b> <i>Presented by the EAST Career Development Committee</i>



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#### FRIDAY, JANUARY 12, 2024

##### 7:15 am-8:15 am **EAST Committee & Ad Hoc Task Force Meetings**

Burn Surgery Committee  
Global Surgery Ad Hoc Task Force  
Injury Control & Violence Prevention Committee  
Mentoring Committee  
Mentor Member Committee  
Military Committee  
Educational Resources Committee  
Research-Scholarship Committee

##### 8:15 am-10:15 am **Scientific Session VI**

(Papers 33-40)  
Moderators: John Cull, MD & Libby Schroeder, MD

##### 8:15 am-10:15 am **Scientific Session VII**

(Papers 41-48)  
Moderators: Lauren Dudas, MD & Ronnie Mubang, MD

10:15 am-10:30 am Morning Break - Refreshments provided in the Exhibit Hall

10:30 am-11:30 am **Engage the Experts**  
*Presented by the EAST Career Development Committee*

11:45 am-12:30 pm **Scott B. Frame, MD Memorial Lecture**  
**Karen Brasel, MD, MPH, FACS**

12:45 pm-2:15 pm **EAST Annual Report, Awards & Recognition Ceremony & Gavel Exchange Luncheon** - *Open to all meeting attendees*

2:30 pm-4:30 pm **EAST In the Arena Live Podcasts**  
*Presented by the EAST Educational Resources Committee*

#### **Short Courses – 2:30 pm-5:30 pm – Concurrent Sessions**

2:30 pm-5:30 pm **EAST Short Course 1**  
**Taking Your Study Design and Statistical Analysis to the Next Level:  
A Practical Tour of Prevalent Pitfalls and How to Navigate Them**  
*Presented by the EAST Manuscript and Literature Review Committee*

2:30 pm-5:30 pm **EAST Short Course 2**  
**Robotics in Acute Care Surgery: Crawl, Walk, then Run!**  
*Presented by the EAST Emergency General Surgery Committee & the EAST Mentor Member Committee*

2:30 pm-5:30 pm **EAST Short Course 3**  
**Evidence into Action: How to Develop and Incorporate Evidence-Based Guidelines and Clinical Pathways in Clinical Practice**  
*Presented by the EAST Guidelines Committee & the EAST Educational Resources Committee*

**37<sup>th</sup> EAST Annual Scientific Assembly Adjourned**

#### SATURDAY, JANUARY 13, 2024



##### **ABA Advanced Burn Life Support Course (ABLS) – 7:00 am-5:00 pm**

**Register Directly with ABA**

<https://members.ameriburn.org/events/event-registration/?id=3123bdf5-8f3b-ee11-a81c-000d3ae246e1>

*Presented by the American Burn Association (ABA) and supported by the EAST Burn Surgery Committee*  
*For additional information, visit the ABA website, <https://ameriburn.org/education/advanced-burn-life-support-abls/>*