

Friday, June 5, 2020

Fun, Education, Support and Togetherness

## **Morning Session**

Brain Health Through Nutrition - 10:00 AM

Mind & Body Yoga (all levels) - 11:00 AM

## **Lunch Break**

Open Discussion (optional) - 12:00 PM

## **Afternoon Session**

Q&A with State and BIANJ Representatives - 1:00 PM

Art and Recreation - 2:00 PM