



# Basic Principles of Somatic Experiencing®

Excellence in Trauma Resolution

traumahealing.org  
(303) 652 - 4035

## Learn About Somatic Experiencing® and the SE™ Professional Training

Are you a helping professional interested in more effectively addressing your clients' stress and trauma symptoms?

This introductory SE workshop is designed for professionals who work with the effects of trauma including: social workers, mental and medical health professionals, body workers, first responders, educators, clergy, and other professionals in the healing arts. Participants will learn about the basic principles and theory of the SE model as well as more about the SE Professional Training.

**Somatic Experiencing® (SE™)** psychobiological trauma resolution, developed by Peter A. Levine, PhD, author of the bestseller, "Waking the Tiger: Healing Trauma," is a potent approach to resolving the symptoms of trauma and chronic stress. The SE approach offers a framework to assess where your client is "stuck" in the fight, flight, or freeze responses and provides clinical tools to resolve these fixated physiological states that underlie so many trauma symptoms. Our educational model is both theoretical and highly experiential, offering you effective skills for restoring nervous system regulation and resolving trauma that can be immediately integrated into your professional practice. The three-year SE™ Professional Training is a continuing education program that will help you make an even greater difference with your clients who suffer.

The Somatic Experiencing® Trauma Institute is a 501 (c)(3) nonprofit organization dedicated to the worldwide healing and prevention of trauma.

**The three-year Somatic Experiencing Professional training begins in Philadelphia, PA on September 29-October 2, 2016. More information and registration available at [www.traumahealing.org](http://www.traumahealing.org).**

**Somatic Experiencing®**  
TRAUMA INSTITUTE

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**August 27, 2016**  
**10:00 AM - 1:00 PM\***  
**\$55**

### Location

Healing Arts Studio, 2nd Floor  
15 West Highland Ave.  
Philadelphia, PA 19118

### Presenter

**Francine Kelley, LCPC, E-RYT, SEP**

Francine is a Psychotherapist and Yoga Instructor who specializes in supporting survivors of trauma in healing through a whole-person approach to mental health therapy. Clients she works with have the option of utilizing Somatic Experiencing as well as yoga, mindfulness and meditation, depending on their interests and treatment goals.

### For more information

Cindy Perkiss  
[cperkiss@traumahealing.org](mailto:cperkiss@traumahealing.org)

### To register

[www.traumahealing.org](http://www.traumahealing.org)  
Please click on the training and events schedule to find and register for this event.

Receive a one-time \$50 discount on your US Beginning I SE Professional Training module for attending this workshop.

\*Registration opens at 9:00 am.

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